RIOT IN ATHENS
DEMONSTRATORS HURL FIRE BOMBS AT POLICE {pages 10-11}

AUTHOR JESSE TO PEN MEMOIR OF MARRIAGE {page 27}

TORONTO metro®

Thursday, February 24, 2011
www.metronews.ca

News worth sharing.

Gucci. Lane

▶ A model walks the runway yesterday during the Gucci fashion show, part of Milan Fashion Week.

TULLIO M. PUGLIA/GETTY IMAGES

Dresses flow freely in Milan

For texting, not teaching

Students want cellphones kept out of curriculum {page 6}

Compelling dwellings

Find interior inspiration at National Home Show {page 32}

Controversy brews over use of booze

Province solicits public opinion on looser liquor laws
Tory MPP points out announcement comes as parties prepare for fall campaign, suggesting a 'political ploy'

Ontario lawmakers are attempting to cut drinkers some slack by easing liquor laws, in a move that could potentially mean the end of the beer tent.

The province announced yesterday that it's looking for public feedback on proposed changes such as removing beer tents from festivals, thus allowing attendees to roam freely with drinks.

"I think Ontarians are ready for more freedom," said Attorney General Chris Bentley. "Some laws just don't make sense anymore, and the people of Ontario should be able to walk around an event with a beer or a glass of wine."

In addition, the government is looking into extending last call for special events to 2 a.m. from 1 a.m. and allowing businesses in the province's tourism sector to sell all-inclusive vacation packages.

Ted Chudleigh, Progressive Conservative MPP for Halton, said any legislation resulting from the public consultation ought to be shaped by the full spectrum of feedback offered by industry and citizens.

"There should be some form of criteria to this," he said. "I don't know if it's wise to have people walking around with glass bottles."

Bentley said liquor laws have been evolving since 2003. He pointed out that the Liberals introduced rules allowing people to bring their own liquor into restaurants.

"We have a responsibility to give Ontarians what they want, despite how close we are to an election," Bentley added.

MATTHEW LOPES

STUDY SHOWS DRINKING FIGHTS HEART DISEASE, PAGE 4

About-face on ale?

Yesterday's announcement represents a turnaround for Premier Dalton McGuinty, who recently mocked the Opposition Conservatives for wanting cheaper beer.

▶ On Feb. 8, the premier pooh-poohed Tory rival Tim Hudak's nostalgia for the days when beer could be bought for a buck in Ontario, calling it "a bright, shiny object" designed to distract voters from important issues like jobs and the economy.

THE CANADIAN PRESS

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Belgian. Suds

▶ Grimbergen Dubbel draught, the legendary Belgian abbey beer with roots that go back to medieval times, made its official Canadian debut yesterday in Toronto. Abbot Erik De Sutter and Father Karel Stautemas from the Grimbergen Abbey in Belgium flew in to host a special event at the Bier Markt. They conducted formal tastings and shared the history of the beer with media and special guests from across Canada.

ANDREW WALLACE/TORSTAR NEWS SERVICE

A beer tasting hundreds of years in the making

Council rejects tax hike for 2011

Toronto budget chief Mike Del Grande says he is 'obviously concerned' about the 2012 budget, for which the city currently faces a $774-million shortfall

Toronto council rejected a tiny tax increase for this year, just before the city's budget chief said a hike would be considered in 2012.

Challenging Mayor Rob Ford's pledge to freeze taxes for 2011, Coun. Gord Perks yesterday proposed an increase of 0.16 per cent in residential taxes — amounting to less than $5 for the average homeowner — and 0.052 per cent in non-residential taxes. The twin hikes, he said, would have raised $3.5 million, enough to prevent many of the proposed cuts to TTC bus routes, keep a threatened library branch open, and allow for enhancements to student nutrition and anti-bedbug programs.

Right-leaning councillors said Perks was out of touch with the desire for change that swept Ford to power; the tax freeze, Coun. Karen Stintz said, represents a "symbolic shift."

"The people I've talked to, 5,000 people, at least 99 per cent of the people, have thanked me for implementing a zero per cent tax increase." MAYOR ROB FORD

Ford refused to address questions about the city's long-term fiscal health, saying he was focused solely on 2011.

Coun. Joe Mihevc told Ford the tax freeze, the elimination of the $60 vehicle tax and the depletion of reserves would "make it almost impossible to balance the books next year."

During next year's budget process, budget chief Mike Del Grande said, the city will be "looking at things a lot differently." A tax increase, he said, will be "one of the options" considered.

Ford would not say if he plans to try to eliminate the land transfer tax for 2012, though he said he is still committed to eliminating it. TORSTAR NEWS SERVICE

1 news

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Drink to your heart health

University of Calgary study shows moderate alcohol consumption can reduce the risk of cardiovascular disease

KYLA SERGEJEW
TORONTO@METRONEWS.CA

Torontonians say a new study won't change their drinking habits.

First published at bmj.com Tuesday, a University of Calgary study shows moderate consumption of alcohol — about one to two glasses a day — can help reduce the risk of cardiovascular disease by up to 25 per cent.

"I think it's good," said Rachel Robson. "I won't drink more, but it makes me feel better to know when I have a glass that it's not harmful."

Co-author Susan Brien said the study should put to rest any further arguments against the link between moderate drinking and heart protection.

"It's so presumptuous," said Steve Crowley, in regards to Brien's statement. "I would say I have four or five glasses a week. Who doesn't drink once and a while?"

Helin Presley, who rarely drinks alcohol, said the study's findings are not going persuade her to drink more. "I know an elderly couple that has a happy hour everyday," said Presley, "and they're extremely healthy — but it's not for me."

Presley also doubts if all types of alcohol are beneficial. "I would question that. Some alcohol is better than others."

Prof. William Ghali, lead researcher and co-author of the study, said steps should be taken to integrate this evidence into clinical practice and public health messages.

"With respect to public health messages there may now be an impetus to better communicate to the public that alcohol, in moderation, may have overall health benefits that outweigh the risks in selected subsets of patients," he said. "Any such strategy would need to be accompanied by rigorous study and oversight of impacts."

Some just take pleasure in alcohol's immediate effects.

"It lowers stress," said Mike Fazzalari. "I enjoy a couple glasses a day to relax and unwind — not in excess."

KYLA SERGEJEW/FOR METRO

▶ Shaun Coghlan, general manager of Spirits Bar and Grill on Church Street, raises a glass of the good stuff.

on the hou$e

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Cops notice increase in distracted driving charges

The days of driving at "10 and 2" may be gone, according to a Toronto police ticket blitz of distracted drivers that saw 2,442 charges laid last week against motorists who had their hands full behind the wheel.

The Last Call: Whatever You Have To Say Can Wait campaign ran from Feb. 14-21. It was designed to support Bill 188 — distracted driving legislation — and proved that people are still taking the law for granted.

Police saw a substantial increase in the amount of charges laid in this year's campaign for distractions like screens visible to the driver (up 20 per cent over 2010), hand-held communication devices (up 67 per cent), hand-held entertainment devices (up 21 per cent) and careless driving (up 114 per cent).

Police think one of the reasons for the increase in charges is a result of catching the public off guard and not letting violators get away.

"Officers have less of an appetite and tolerance for violators," Sgt. Tim Burrows said. "It's very frustrating."

Burrows said drivers need to be more considerate of the vehicles and people around them and start to understand how seriously dangerous these distractions can be for everybody.

"There are so many stories of people who have lost loved ones," Burrows said, assuring that pre-occupied drivers will be stopped and fined. "We will continually monitor and enforce."

Toronto police continue to try to educate the public of the dangers of distracted driving through social media websites like Facebook and Twitter.

MARK HERBERT

STEVE RUSSELL/TORSTAR NEWS SERVICE

▶ Toronto police Sgt. Tim Burrows

Busted

Toronto police laid a total of 2,564 charges related to distracted and careless driving.

- 114 charges for visible display screen.
- 2,226 charges for hand-held communication devices.
- 102 charges for hand-held entertainment devices.
- 112 charges for careless driving.

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Phones not educational tools: Survey

Students say cellphones distracting Should not be used for classroom work, report finds

They love them for talking and texting — but cellphones are already such a distraction that they should not be used as educational tools, says a new survey of Ontario high school students.

The surprising result is part of the first-ever survey of teens by the Ontario Student Trustees' Association, to be officially released today. "Students use (cellphones) to text or communicate with friends. It's a great communication tool, not necessarily an educational tool," said Zane Schwartz, a student trustee with the Toronto District School Board who is in Grade 12 at Leaside High School.

TORSTAR NEWS SERVICE

Survey results

- **Time** Do you feel you would benefit academically from a daily start time of 10 a.m. or later?
  Yes — 50.23 per cent
  No — 49.77 per cent
- **Tool** Do you think cellphones have a place in the classroom as an educational tool?
  Yes — 27.97 per cent
  No — 72.03 per cent
- **Bullying** Have you ever been bullied in school?
  Yes — 45.63 per cent
  No — 54.37 per cent
- **Sex ed** Should information about all sexualities be taught during sex ed?
  Yes — 81.59 per cent
  No — 18.41 per cent

Bail. Hearing

▶ Suganthan Kayilasanathan leaves a bail hearing yesterday at the Old City Hall courthouse.

TORSTAR NEWS SERVICE

Docs declare innocence

Two Toronto-area doctors accused of drugging and sexually assaulting a 23-year-old woman were released on bail yesterday. Amitabh Chauhan of Ancaster and Suganthan Kayilasanathan of Markham, both 32, are alleged to have spiked the victim's drink and attacked her in a Toronto hotel. Shortly after being released on bail of $100,000 both men held a press conference declaring their innocence.

Toronto couple still stuck in India

A local couple stranded in India for five years because the government won't issue citizenship to their son who, due to a fertility mix-up is not genetically theirs, will either have to wait for a policy review or apply under the current policy. That will likely lead to a refusal.

Citizenship and Immigration Canada reiterated this position in new papers filed in Federal Court last week. Michael Battista, their lawyer, said he was very disappointed. "These are Canadian citizens trapped for no fault of theirs. The government should show compassion, especially because two kids are involved."

TORSTAR NEWS SERVICE

"We have given the government all facts ... but these pleas seem to be falling on deaf ears."
MICHAEL BATTISTA, LAWYER

High-speed chase called off by cops

Peel Region police called off a high-speed chase in Mississauga yesterday. Police say they started chasing a suspected stolen vehicle about 7 a.m. in the Eglinton Avenue and Central Parkway area. The chase was ended on Highway 403 near Mavis Road because of safety concerns. The vehicle was located a short time later, and police say a green Dodge Caravan was also stolen. THE CANADIAN PRESS

Injuries

- **Police** say that during separate attempts to stop the vehicle, two cruisers were struck and two officers suffered minor injuries

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Forte5 SX shown

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Fast food chains appeal drive-thru rules

Lawyer says new Toronto bylaw doesn't allow drive-thrus in zones where they were previously allowed

A hard won battle by the city and a citizen's group to restrict drive-thrus in Toronto is being challenged by some of the nation's most powerful fast food giants.

A lawyer for Tim Hortons, McDonald's, Wendy's and A&W, together with the Ontario Hotel and Motel Association, says changes to drive-thru regulations in Toronto's new amalgamated zoning bylaw opened the door to a second challenge at the OMB. The appeal could be heard as early as this summer.

The bylaw was passed by city council in the 11th hour before the fall election. It harmonized zoning across Toronto and the surrounding boroughs, which amalgamated in 1998, and took years to complete.

But the city says the bylaw contains only "minor tweaks" to drive-thru regulations and it doesn't understand the basis for the appeal.

"We're still trying to figure out what it is that they're appealing. I just don't know and I can't speculate," said Klaus Lehman, a city planning manager.

CARLOS OSORIO/TORSTAR NEWS SERVICE

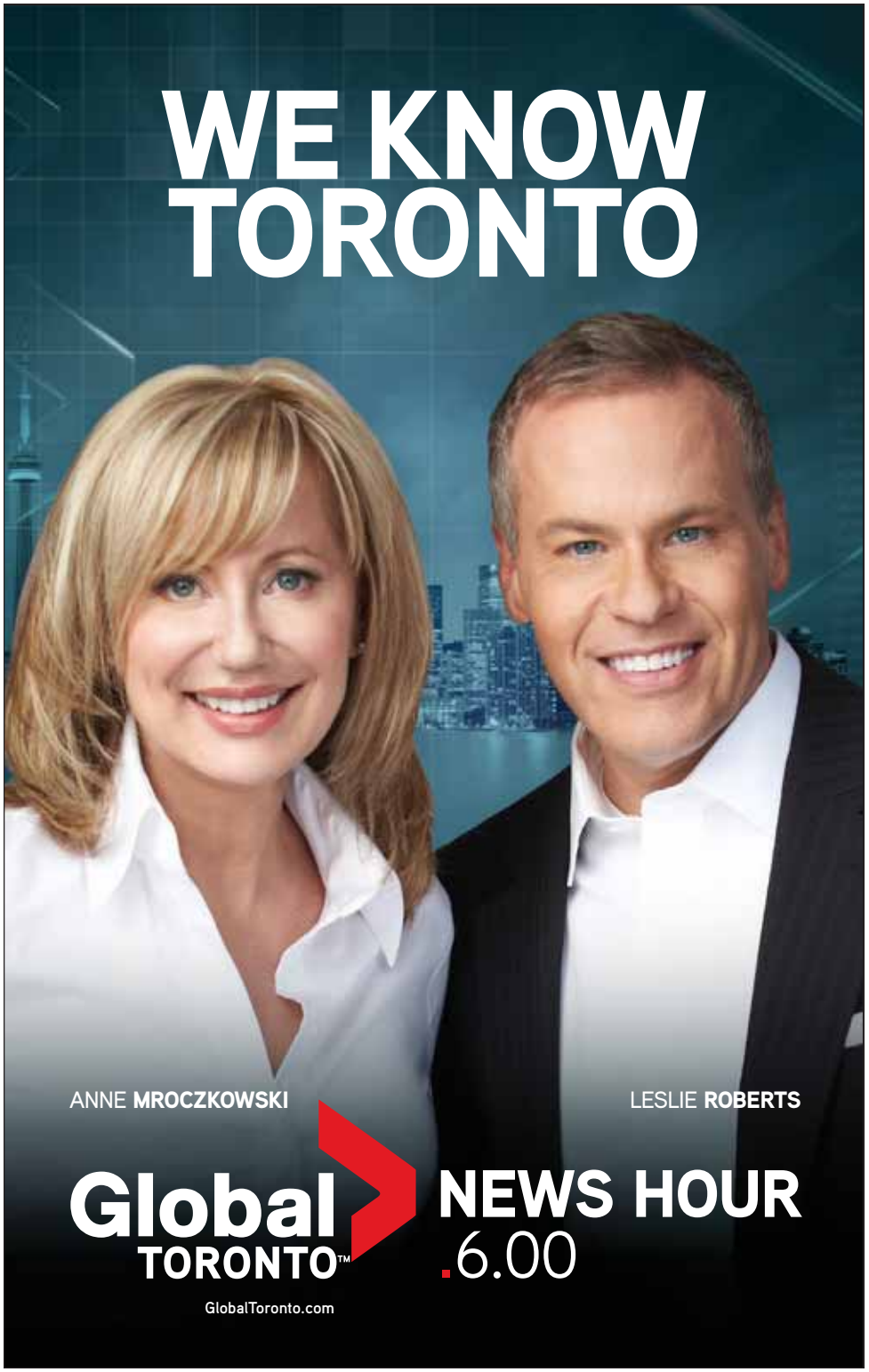
▶ Ward 21 Coun. Joe Mihevc says, "This fight has been fought. I can't believe that it's happening again."

"The new bylaw is really the old bylaw. It's already gone through the appeal process and the city won," said Ward 21 Coun. Joe Mihevc.

In 2002, the city passed a bylaw banning drive-thrus in any zone containing residential dwellings. In other zones, where drive-throughs were permitted, the lanes had to be 30 metres from homes.

The bylaw went through after Mihevc and a local community group, Humewood Neighbourhood Ratepayers Inc., fought plans by McDonald's to add a drive-thru to a restaurant on St. Clair Avenue West. Toronto successfully defended the regulations at the OMB in 2004.

TORSTAR NEWS SERVICE



Abstract artist gets stamp of approval

KYLA SERGEJEW/FOR METRO

▶ Marie Tomeoki's stamp design.

Toronto contemporary abstract artist Marie Tomeoki is one of five finalists chosen by Canada Post in its mental health stamp design competition — the first in 159 years.

"My design is about shielding yourself from the hardships of reality and life," said Tomeoki. "And no matter what happens you can always find hope."

Tomeoki said she feels very close to the issue. "The work I create portrays my experience with mental health. It's always been my mission to promote awareness."

This is the first time Canada Post has allowed Canadians to vote for a stamp design.

To see the top five and cast your vote, visit deliverhope.ca. Voting ends March 14.

KYLA SERGEJEW

Phone scammers preyed on seniors: Halton cops

Halton Region police say they have broken a $3-million telephone fraud operation that preyed on seniors across North America.

Police say the scammers operated out of houses in Oakville and Mississauga.

Investigators say they determined the ring was targeting elderly victims using what is commonly known as the "Emergency Scam" or "Grandson Scam."

The scam involves someone calling seniors posing as a grandchild, nephew or niece, claiming to need money for an emergency.

Police say the majority of victims they have identified are U.S. residents, although Canadians were also victimized.

THE CANADIAN PRESS

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Thousands rally in Athens

More than 30,000 protesters attended the Athens rally, which had been calm before the clashes.

Protesters chanting "Don't obey the rich — Fight back!" marched to parliament as the city centre was heavily policed.

A brass band, tractors and cyclists joined the rally.

The rally was part of Greece's first major labour protest this year, as Prime Minister George Papandreou's Socialist government faces international pressure to make more lasting cuts after the nation's debt-crippled economy was rescued from bankruptcy by the European Union and the International Monetary Fund.

State hospital doctors, ambulance drivers, pharmacists, lawyers and tax collectors joined school teachers, journalists and thousands of small businesses as more middle-class groups took part in the protest than have in the past.

Athens' main shopping district was mostly empty, as many small business owners shuttered their stores.

The strike also closed the Acropolis and other major tourist sites.

THE ASSOCIATED PRESS

100

The 24-hour strike halted trains, ferries and most public transport across the country, and led to the cancellation of more than 100 flights at Athens International Airport.

For more on this story, visit metronews.ca/toronto

▶ A motorcycle policeman is engulfed in flames as his colleague tries to help him yesterday after protesters threw a gas bomb in Athens. Scores of youths hurled rocks and gas bombs at riot police after clashes broke out during a mass rally as part of a general strike.

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DIMITRI MESSINIS/THE ASSOCIATED PRESS

Riot cops clash with protesters

Greek unions angry at austerity measures ◗ Police fire tear gas, flash grenades at demonstrators ◗ At least two injured, three arrested

Young demonstrators hurled rocks and gas bombs at riot police as clashes broke out yesterday in Athens during a mass rally against austerity measures, part of a general strike that crippled services and public transportation around the country.

Police fired tear gas and flash grenades at protesters, blanketing parts of the city centre in choking smoke. Thousands of peaceful demonstrators ran to side streets to take cover.

A police officer was attacked and his uniform caught fire in the city's main Syntagma Square, and his motorcycle was burned.

"What is increasing is the level of anger and desperation ... If these harsh policies continue, so will we."

STATHIS ANESTIS, DEPUTY LEADER OF GSEE, GREECE'S LARGEST UNION

One group of rioting youths smashed paving stones in front of the central Bank of Greece, but there were no immediate reports of any serious damage.

Unions are angry at the ongoing austerity measures put in place by the Socialist government in exchange for a $150-billion US bailout loan package from European countries and the IMF.

Stathis Anestis, deputy leader of Greece's largest union, the GSEE, said workers should not be asked to make more sacrifices during a third straight year of recession.

"The measures forced on us by the agreement with our lenders are harsh and unfair ... We are facing long-term austerity with high unemployment and destabilizing our social structure," Anestis said.

THE ASSOCIATED PRESS

LOUISA GOULIAMAKI/GETTY IMAGES

▶ A woman argues with riot police yesterday in Athens.

More rallies planned: Union leader

About 15,000 people rallied and minor scuffles broke out in Greece's second largest city, Thessaloniki. Stathis Anestis, deputy leader of Greece's largest union, the GSEE, said around 60 demonstrations were being planned in cities and towns across Greece. Earlier this month, international debt monitors said Greece needed a "significant acceleration" of long-term reforms to avoid missing its economic targets. It also urged the Socialist government to embark on a $68-billion US privatization program to pay for some of its mounting national debt.

THE ASSOCIATED PRESS

The IMF reacts

- **The IMF** has said some of the protests against the Greek government's reforms are by groups angry at losing their "unfair advantages and privileges."

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News in brief

DARKO VOJINOVIC/THE ASSOCIATED PRESS

Americans flee Libya by ferry

TRIPOLI. Foreigners by the thousands fled the chaos in Libya yesterday, with Americans and Turks climbing aboard ships, Europeans boarding evacuation flights and North Africans racing to border crossings in overcrowded vans.

The safety of U.S. citizens was a prime concern after failed attempts earlier this week to get them out by plane. But hundreds of Americans safely boarded a 600-passenger ferry at Tripoli's As-shahab port yesterday afternoon. **THE ASSOCIATED PRESS**

Canadians get airlift to safety

EVACUATION. The federal government is ready to start flying Canadians out of embattled Libya.

Some boarded a vessel in Tripoli harbour yesterday, along with Americans, Britons and others.

But the airlift to safety is scheduled to begin in earnest today.

Liberal Leader Michael Ignatieff chided the Conservative government for being slow to evacuate people. **THE CANADIAN PRESS**

UNREST IN

Militiamen clamp down in Tripoli ● Supporters of Gadhafi bused in ● Protesters still organizing: Activist

The scope of Moammar Gadhafi's rule in Libya was whittled away yesterday as major cities and towns closer to the capital fell into the hands of protesters demanding his ouster. In Libya's east, now all but broken away, the opposition vowed to "liberate" Tripoli, where the Libyan leader is holed up with a force of militiamen roaming the streets.

"Mercenaries are everywhere with weapons. You can't open a window or door. Snipers hunt people."
TRIPOLI RESIDENT

In a further sign of Gadhafi's faltering hold, two air force pilots — one from the leader's own tribe — parachuted out of their warplane and let it crash into the deserts of eastern Libya, rather than follow orders to bomb a opposition-held city.

International momentum was building for action to punish Gadhafi's regime for the bloody crackdown it has unleashed against the week-old uprising against his rule. The White House said it is reviewing options to compel Libya to stop violence, including sanctions. French President Nicolas Sarkozy raised the possibility of the EU cutting off economic ties.

Another proposal gaining some traction was for the United Nations to declare a no-fly zone over Libya to prevent it using warplanes to hit protesters. UN High Commissioner for Human Rights Navi Pillay said if reports of such strikes are confirmed, "there's an immediate need for that level of protection."

"The violence is abhorrent, it is completely unacceptable and the bloodshed must stop," White House spokesman Jay Carney said in Washington.

Italy's Foreign Minister Franco Frattini said estimates of some 1,000 people killed in the violence in Libya were "credible," although he stressed information about casualties was incomplete. The New York-based Human Rights Watch has put the death toll at nearly 300, according to a partial count.

In Tripoli, Gadhafi's stronghold, protest organizers were calling for new rallies today and tomorrow, raising the potential for a new bloody confrontation. **THE ASSOCIATED PRESS**

Scandals fit for 'soap opera'

The children of Moammar Gadhafi were increasingly engaged in recent months in covering up scandals fit for a "Libyan soap opera," including negative publicity from extravagant displays of wealth, such as a million-dollar private concert by pop diva Beyonce, according to a new batch of secret diplomatic cables released yesterday.

The assessments by U.S. diplomats were published by the secret-spilling website WikiLeaks as Gadhafi vowed to fight to the "last drop of blood" to put down an uprising against his 42-year rule of the North African country. At least 300 protesters are believed to have been killed by pro-government forces in the past week of clashes.

Growing anger over crass behaviour by Gadhafi's offspring, such as son Hannibal's 2008 arrest for beating servants in a hotel in Switzerland, may have helped spark the current uprising. "The family has been in a tailspin recently," a cable assessed a year ago. **THE ASSOCIATED PRESS**

HAMZA TURKIA/THE ASSOCIATED PRESS

▶ Saif al-Islam Gadhafi

Son of a dictator

- Saif al-Islam Gadhafi, son of Libyan leader Moammar Gadhafi, cultivated a respectable image as Libya's face to the West.
- He had locals rallying for him to be heir-apparent.
- His image may well have been destroyed in a single instant earlier this week when he went on TV to threaten anti-government protesters with civil war if they persisted.

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LIBYA SPREADS

HUSSEIN MALLA/THE ASSOCIATED PRESS

▶ Libyan soldiers shout slogans against leader Moammar Gadhafi yesterday during a demonstration in Tobruk, Libya.

EU asked to share migrants escaping chaos

European Union countries bordering the Mediterranean are asking the EU to take in refugees in cases of humanitarian crises such as the unrest in North Africa, saying they alone shouldn't be forced to shoulder the burden.

Italy's interior minister invited counterparts from Malta, Cyprus, Greece, France and Spain in Rome yesterday to forge a common position as waves of Tunisian migrants — 6,200 in recent weeks — reach Italian shores.

Rome fears tens of thousands of Africans may also be on their way if the chaos in Libya continues.

THE ASSOCIATED PRESS

Easing burden

In a joint statement, the six Mediterranean countries urged the EU to establish a "common and sustainable asylum system."

- That includes relocating migrants within the EU by the end of 2012.
- They also asked the EU to create a solidarity fund to help Mediterranean countries that initially receive them.

No more UN goodwill for Moammar's daughter

The UN Development Program has dropped Libyan leader's Moammar Gadhafi's daughter as a goodwill ambassador.

UN spokesman Martin Nesirky said yesterday that UNDP's agreement with Aisha al-Gadhafi had been terminated following recent events in Libya that include a crackdown by Gadhafi on anti-government protestors.

He said Aisha al-Gadhafi was appointed a goodwill ambassador for Libya in June 2009 to focus on UN anti-poverty goals.

THE ASSOCIATED PRESS

U.S. walks fine line on Gadhafi

The United States said yesterday it was considering sanctions and other means to pressure Moammar Gadhafi's regime to halt attacks against Libyans as violent clashes spread throughout the country. U.S. President Barack Obama planned to speak publicly about the situation later in the day.

"Everything will be on the table," Secretary of State Hillary Rodham Clinton said. "We will look at all the possible options to put an end to the violence, to try to influence the government."

White House spokesman Jay Carney called the violence "abhorrent."

Carney said "a lot of options are under review — sanctions, other options" to end the fighting in the North African country, where protesters are demanding an end to Gadhafi's 42-year reign but facing a fierce and bloody crackdown.

THE ASSOCIATED PRESS

SUSAN WALSH/THE ASSOCIATED PRESS

▶ Hillary Rodham Clinton

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HANNAH JOHNSTON/GETTY IMAGES

▶ Christchurch Mayor Bob Parker talks to the media early today in Christchurch, N.Z. A massive search-and-rescue mission is underway after an earthquake struck Tuesday.

Hope fades for quake victims

Hundreds of New Zealand emergency workers, troops and police race against time to save people buried alive

The sister and brother sat huddled yesterday on sodden grass, staring at the smouldering remains of an office tower that collapsed with their mother inside.

They hadn't heard from Donna Manning since a powerful earthquake tore through one of New Zealand's largest cities a day earlier, killing at least 75 people and leaving some 300 missing in the rubble. Still, there was hope.

"My mum is superwoman, she'd do anything," Manning's 18-year-old daughter Lizzy said, tears streaming down her face.

Just then, a police officer approached and knelt before Lizzy and her 15-year-old brother Kent in the rain. "I have some horrible news ..." the officer began.

The teens' faces crumpled, and their father wrapped them in an embrace as the officer gently broke the news that their mother was presumed dead along with everyone else trapped inside the building. THE ASSOCIATED PRESS

Feds vow to loosen grip on old documents

Tommy Douglas case spurs changes to disclosure policy RCMP has 1,142-page dossier on NDP icon

CHUCK MITCHELL/THE CANADIAN PRESS

Tommy Douglas in 1969.

The federal government has adopted a more open policy on disclosure of historical documents as a result of a lengthy dispute over intelligence files on socialist icon Tommy Douglas.

Federal lawyer Gregory Tzemenakis revealed the existence of the new policy during opening arguments yesterday in a court battle over the decades-old Douglas dossier.

The file was amassed by the RCMP, which spied on the former Saskatchewan premier and federal NDP leader from the late 1930s to shortly before his death in 1986.

The Canadian Press is challenging the government's refusal to fully disclose the 1,142-page dossier.

In response to a 2005 access-to-information request by Jim Bronskill, a reporter for The Canadian Press, the government initially released just more than 400 pages of the Douglas file, some heavily censored.

Tzemenakis explained the government will endeavour to release information gathered from human sources provided they can do so without identifying the sources.

Paul Champ, lawyer for The Canadian Press, said later the revelation suggests a victory of sorts before the case has even been decided.

"I think it's a great advancement already," he said. THE CANADIAN PRESS

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THE ASSOCIATED PRESS

▶ Apple has yet to release one detail about the highly anticipated, updated version of the tablet computer.

iPad 2 on the horizon?

Apple hints at the upcoming release of a new iPad as Internet rumours swirl Speculators guess at a thinner, lighter version of the original

March Madness could take on a whole new meaning if Apple gives the world another iPad next week.

Apple Inc. is expected to unveil the second generation of its wildly successful media tablet, widening its head start against competitors just starting to sell their first tablet computers.

The Cupertino, Calif.-based company emailed invitations to a media event in San Francisco yesterday that show a calendar page with the corner peeling away to reveal an iPad underneath. The large "2" on the calendar page denotes the event's March 2 date, but is also a hint that Apple is about to announce the follow-up to the original iPad.

The iPad, about the size of a large book, has been likened to an overgrown iPhone or iPod Touch, as it is powered by similar software and can run the same applications.

But it has a bigger screen that makes reading emails, surfing the web and watching movies easier on the eyes. With a starting price of $499, it's less expensive than many computers and, at 1.5 pounds (680 grams), it also weighs less. Unlike small, inexpensive laptops such as netbooks, the iPad turns on instantly, so people don't have to wait through a sluggish boot-up. And the iPad also lasts about 10 hours unplugged, making it ideal for travellers and other people on the go.

Apple sold more than 15 million iPads in its first nine months on sale, including 7.3 million to holiday shoppers during the October-December quarter — about one million more for the quarter than analysts were expecting.

Since the iPad's launch, other consumer electronics makers have been scrambling to develop tablets of their own. For example, Samsung Electronics Co. began selling the Galaxy Tab last year, and Motorola Mobility Inc.'s Xoom tablet goes on sale this week.

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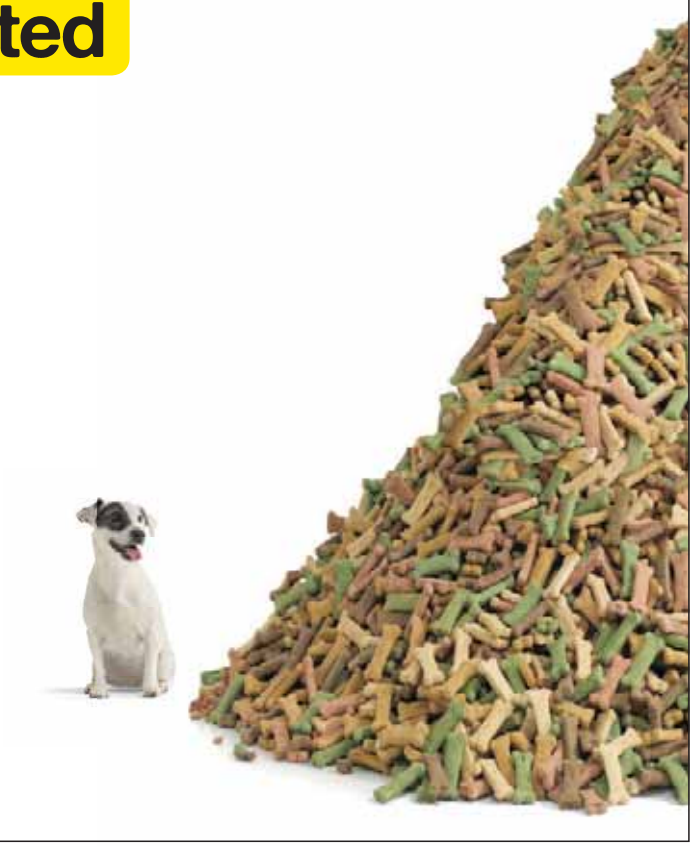

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Grits get $1.6B from HST's bill on energy: NDP

- New tax raising prices on gas, oil and electricity
- Horwath says McGuinty hiding truth about hated tax

TORSTAR NEWS SERVICE

Andrea Horwath

Ontario's Liberal government expected to earn nearly $1.6 billion by adding the HST to energy costs, but Premier Dalton McGuinty flatly rejects claims the new tax has meant a windfall for the province.

Documents obtained by the New Democrats show the government estimated that adding the eight per cent provincial portion of the HST to diesel, fuel oil, natural gas, gasoline and electricity would bring in an estimated $1.57 billion in its first year.

The NDP pointed out the 2009 estimate of HST revenues was based on lower energy and gasoline prices than people are paying now.

"That calculation does not include this government's 50 per cent increase in hydro rates, OPG's proposed 6.2 per cent rate increase, the $18 million that utility companies will soon be collecting from customers … or gas prices that are now at their all-time high in two years," said NDP Leader Andrea Horwath.

"Were the McGuinty Liberals unwilling to tell families the true impact of their HST because they knew just how hated their unfair tax has become?"

There's no doubt the government has had a windfall from the HST as prices rise, said Progressive Conservative Leader Tim Hudak.

"The government's raking in a lot of money from that HST tax grab and everybody knows it," said Hudak. THE CANADIAN PRESS

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‘Our language is our identity’

Quebec Premier Jean Charest, in keeping with the theme of his policy-setting speech, said yesterday Quebecers have nothing to fear.

“Our language is our identity, it’s our strength,” he said.

“Our language is an instrument of freedom,” he added, earning a sustained standing ovation from his troops.

“There is no clash between the complete mastery of French and the learning of a second or third language.

“I am announcing that students in Grade 6 will spend one-half of their year learning English immersion. This approach will be progressively extended to all of Quebec over a five-year period.”

The tone was set early on, when Charest opened his speech with references to the string of cultural successes Quebec has enjoyed on the international stage this year.

He mentioned the rock group Arcade Fire’s win at the Grammy Awards, Celine Dion’s success in Las Vegas and the Oscar nomination of Denis Villeneuve’s film Incendies.

Charest promised to create a fund that would help Quebec artists promote their work abroad. The premier had been an outspoken critic when, three years ago, the Harper government cut a similar program at the federal level.

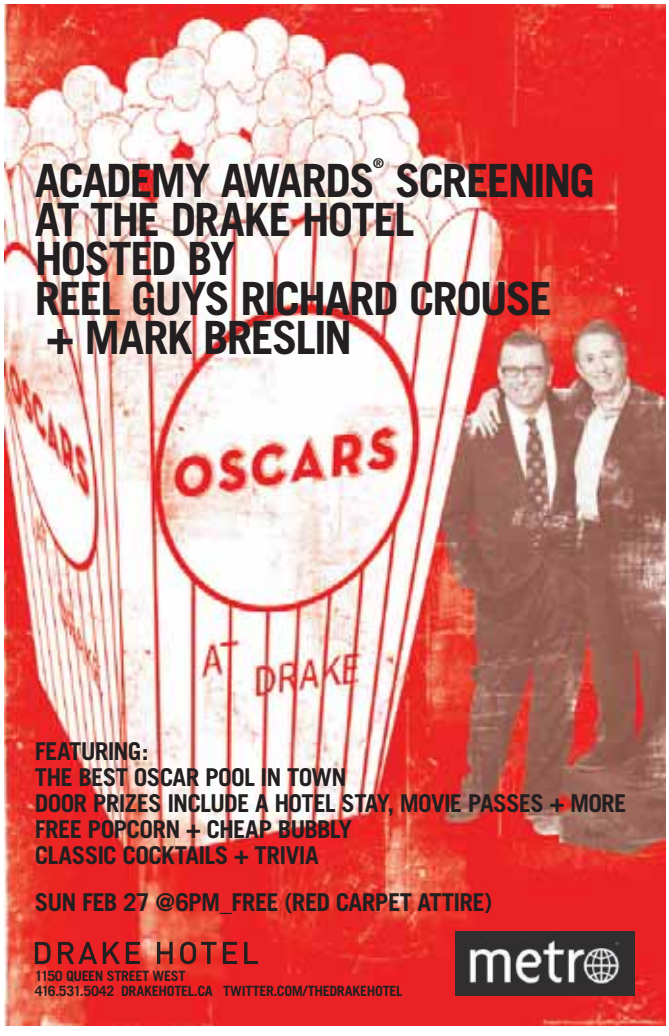
The Parti Québécois struck a cautious tone when discussing the Grade 6 English plan.

Leader Pauline Marois said she supports the idea of second-language instruction but can’t see how the idea will work.

Where, she wondered, will Quebec find all the English-speaking teachers for math, geography and science classes across the province?

THE CANADIAN PRESS

▶ Quebec Premier Jean Charest waves to members of his caucus before delivering the inaugural speech yesterday at the legislature in Quebec City. Finance Minister Raymond Bachand, left, looks on.



Arctic ‘strikes a chord’ with Canadians: Survey

In a country with so many regional differences, a part of Canada that few of its citizens have ever seen is turning out to be one of the bonds tying them together.

A national survey on attitudes toward the Arctic shows Canadians share a rare degree of unity about the North.

“They see the North as an environment that represents a lot of Canadian ideals,” said Michael Goodyear of the Churchill Northern Studies Centre, which commissioned the poll.

“I think it strikes a chord with people.”

The online poll of 1,532 Canadians, conducted earlier this month by Leger Marketing, seems to confirm other recent surveys that suggest Canadians have strong feelings about what they consider to be “their” Arctic.

A total of 86 per cent indicated they believed the Arctic will be important to the country’s economic future. The figure differed little between young and old, or men and women.

And 90 per cent said Canada has a special role as protector of the Arctic. That number was even higher in the West, Ontario and Quebec.

SEAN KILPATRICK/THE CANADIAN PRESS

▶ Prime Minister Stephen Harper is given a hand as he steps off a small iceberg after taking part in a training exercise in Resolute, Nunavut, last August.

14%

Only 14 per cent of respondents to the Leger poll had ever been to the Canadian North. More than two-thirds said they would like to go.

The findings conform with research that came out last month from the Munk School at the University of Toronto. It found that just more than half of both northerners and southerners said the region should be the most important part of Canada’s foreign policy. Similar percentages agreed the country’s military presence in the North should be beefed up, even if it means doing less elsewhere in the world.

The Leger poll suggests Canadians believe that understanding the North is part of protecting and defending it.

More than three-quarters said that spending on Arctic research is as important as military spending, while 91 per cent said Canada should be a world leader in such studies.

THE CANADIAN PRESS

JACQUES BOISSINOT/THE CANADIAN PRESS

Charest lays out ambitious agenda

Quebec premier eyes new priorities after proroguing previous session Promises code of conduct in schools, reduction of fossil fuels, cancer directorate to reduce treatment times

One of the most miserable legislative sessions of Jean Charest's political life was dominated by doubt — so he attempted yesterday to flip the narrative on its head, to one of confidence.

Quebec's last session was all about fear: Of overly accommodated minorities, the French language in decline, pervasive corruption and concerns that tapping Quebec's natural gas resources might cause environmental havoc.

But the embattled premier prorogued that session this week and recalled the legislature with a policy-setting inaugural speech yesterday that began and ended on notes of strident optimism.

He described the province as a potential world-beater in five priority areas: Education; employment; the environment; natural resources; and health care.

Running again?

Quebec Premier Jean Charest, now halfway through a five-year term, is deeply unpopular but has mused about running in the next election.

- Some of his opponents openly scoff at the idea of a Charest comeback. Earlier this week, one predicted the inaugural speech would be his "swan song."
- The premier has seen his popularity take a beating over his refusal to call an inquiry into allegations of rampant corruption following scandals involving public officials, construction companies and crime groups.

Charest promised a deal with Ottawa to proceed with offshore gas drilling and called his long-awaited northern development plan as ambitious as Quebec's great hydro projects of the 1960s and '70s.

But it's his promises on education that are likely to generate much of the attention. The premier announced that Grade 6 students in Quebec will spend half the year learning English.

That abrupt policy shift could stir a lively debate — pitting Charest on the side of parents who want more bilingual schooling, against opponents who argue that use of French is already in decline.

But Charest was also singing a more positive tone when it came to relations with Ottawa.

His Liberal side applauded heartily when he promised to sign new agreements with Ottawa — including one on natural-gas extraction in the Gulf of St. Lawrence.

Charest concluded his speech with an unapologetic defence of Quebec's place in Canada.

"One fact remains: Quebecers are the co-authors of the history of this country," he said.

"Canada is at its best when Quebec influences its path.

"Ladies and gentlemen, dear Quebecers, this is how we intend to work to make Quebec a magnet and an inspiration for the rest of the world — with our dynamism, our originality and our confidence in our destiny."

THE CANADIAN PRESS

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INCLUDES accom on the Las Vegas Strip. UPGRADE to 4-star Luxor for $18 per night. Departs Mar 27/swg/wg.

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Hilton Palmer House Hilton + taxes & fees $120
INCLUDES accom in downtown Chicago. Departs Mar 3/ggv/dl. ADD Grand tour of the Hancock tower for $55.

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TICO

News in brief

profits rise

OTTAWA. Canadian corporations earned $65.5 billion in operating profits in the fourth quarter, up 7.9 per cent from the previous quarter. Statistics Canada reports 19 of 22 industries reported higher profits. In the non-financial sector, profits rose 7.3 per cent to $49.6 billion, while in the financial sector they rose 9.5 per cent to $15.9 billion. THE CANADIAN PRESS

All chicken, all the time

TORONTO. Swiss Chalet is firing up a 24-hour chicken channel. Starting Monday, the Rotisserie Channel will feature a loop of chickens roasting in an open-flame oven. The 13-week broadcast will be available to Rogers digital customers in Ontario on channel 208. THE CANADIAN PRESS

Joe Fresh takes Manhattan

TORONTO. Joe Fresh will open its first U.S. store this fall on New York City's Fifth Avenue, says Loblaw Cos. Ltd. It's the newest location in the expansion of the label, which is available primarily in Loblaw stores. The first standalone Joe Fresh store opened last fall in Vancouver. Loblaw says it plans to open 20 nationwide. THE CANADIAN PRESS

Market moment

PRICES AS OF 4 P.M. YESTERDAY

TSX	Dollar
– 7.49	+ 0.23¢
13,956.19	(101.15¢ US)
Oil	**Natural gas**
+ $2.68 US	1,000 cu ft
($98.10 US)	$3.936 US
	(+ 2.9¢ US)
	Gold contracts
	$1,414 US
	(+ $12.90 US)

Web creators seek an appy medium

Incompatible mobile apps are sending smartphone users back to the web for content ◗ 'Web apps' on rise

THE CANADIAN PRESS

▶ Tech watchers predict that users of smartphones and iPads, above, will turn to their web browsers for apps.

Like another pivotal event in human history, it all started with an Apple.

Apple's popular smartphone has led to a boom in mobile apps, with the iPhone's app store alone boasting more than 300,000 of the small software programs. Rival phone makers have done the same, with Android, BlackBerry and others creating their own app stores.

But tech watchers say the app as we know it is headed for a fall, as mobile content moves away from proprietary programs and back on to the web, where it can be viewed by anyone on almost any device.

The problem is compatibility: Mobile apps can't be switched from one gadget to the next. Companies need to make a separate one for each device they want to target.

Peter-Paul Koch, a mobile consultant in Amsterdam, says those problems can largely be solved by so-called "web apps."

Web apps are essentially websites, but the latest web standards — known as HTML 5 — allow for a rich user experience that looks and feels like a traditional app.

"It has changed for the good," Koch says. "People have started to see that HTML 5 apps are a good alternative to native apps."

While it's easy for a company to charge for an app sold through the iPhone or Android stores, developers are still experimenting with how to charge for web apps.

Koch says they will likely put a fee on content, rather than the apps themselves. THE CANADIAN PRESS

To app or app not

- **Jason Grigsby, a mobile** developer in Portland, Ore., suggests that some companies may not even need apps.
- **Grigsby says the real issue** is ensuring content is accessible. "Not every business needs an app. There are far more websites that need to be able to be accessed on mobile devices, and were probably designed in a manner that doesn't work on a mobile device."

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DEPRESSION IS NO LAUGHING MATTER

He says ...

JOHN MAZEROLLE

I think it's important to fight depression — not only to help people, but also to save us from cryptic status updates with sad song lyrics in them.

I've been there. You're convinced life is hopeless, and before long you're telling your Facebook friends that all we are is dust in the wind.

This does no good to you or your friends because some will be annoyed that you've gone emo, while others will miss your mood altogether and start a thread with comments saying, "DUDE!!! I LOVE THAT SONG!!!"

For the previous three years, I was depressed — not the kind of depression you get when you spill coffee on your laptop and sigh a lot, nor the kind where you lose a promising relationship and have a long talk with Alexander Keith.

No, it was the kind of depression where you find life big and painful and decide you should just stay in bed until there's peace in the Middle East.

At one point I literally stayed in bed for a month, save for breaks to take a shower. I was such a drag the bedbugs said, "All right, we're out of here."

I'm better now, though I still see a therapist. I've seen a few in the last three years — starting with a guy who cocked his eyebrow like a Vulcan when I said I worked in comedy. If it had been an '80s sitcom, he would have pushed the intercom button and said, "Cancel my three o'clock."

"Comedians are like country singers. If we were 100 per cent happy, we'd lose our ability to write anything. But I still wanted to be, say, 75 per cent happy ..."

Comedians are like country singers. If we were 100 per cent happy, we'd lose our ability to write anything.

But I still wanted to be, say, 75 per cent happy, so I mustered enough energy to find a friend and a job, and that nascent support system grew on its own till I felt lifted up.

Feeling better about myself, I forwent the cryptic status update recently and wrote on Facebook directly: I had been depressed, had hated myself, had gotten help, and if you feel the same way, you should get help, too.

And, much to my amazement, people did.

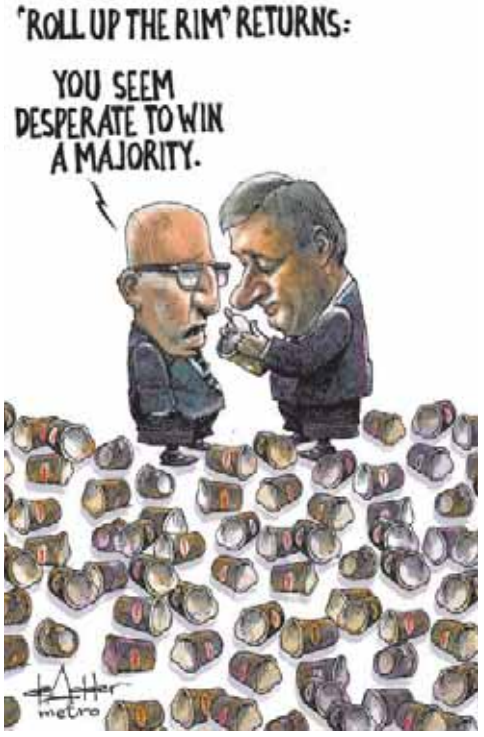
So, with a (hopefully) wider audience, let me say it again: If you're depressed, there is nothing to be ashamed of, any more than you would be ashamed of a broken arm. Seek help.

After all, if Facebook can be a practical force for good, there's hope for everything.

Read more of John Mazerolle's columns at metronews.ca/hesays

Cartoon

MICHAEL DE ADDER



For shooting state bird

Worth mentioning

Arizona, where a gunman killed six people last month, is moving to proclaim a state gun.

The state Senate appropriations committee voted 9-4 early yesterday to go ahead with the bill, which has 43 sponsors, the Associated Press reported.

In a state already criticized for lax gun laws, the legislators want to honour the 19th-century Colt Single Action Army revolver because it was instrumental in "settling the Arizona Territory."

On Tuesday, new photographs were released of Jared Loughner, who is accused of opening fire at a community event Jan. 8, killing six people and injuring others, including Congresswoman Gabrielle Giffords, who is recovering from a bullet to her head.

The bill notes Arizona already has a state fossil (petrified wood); a state bird (the cactus wren); a state flower (the pure white waxy flower of the Saguaro cactus); a state tree (the Palo Verde); state neckwear (the Bola tie); a state gemstone (turquoise); state animals (the ringtail, the Arizona ridgenose rattlesnake, the Arizona trout and the Arizona tree frog); a state insect (the two-tailed swallowtail butterfly); and a state nickname (the Grand Canyon State).

TORSTAR NEWS SERVICE

Happiness is a warm gun

What's your long-term goal?

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Metro Minute with Follow Your Instinct

Ever since texting came along, acronyms have become slightly less difficult to decipher than Vedic Sanskrit. In fact, there's no longer one official meaning for anything. Take FYI, for example. Common historical knowledge dictates that the three-letter abbreviation signifies "For Your Information."

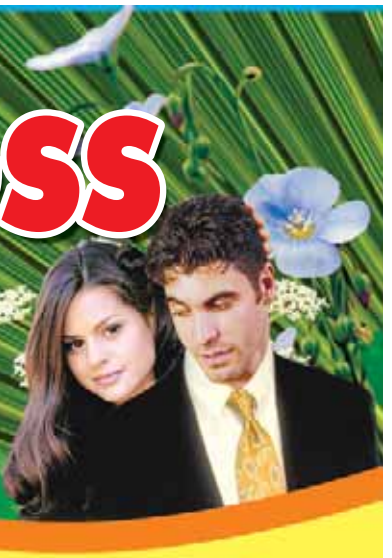
Wrong. That's old hat. The new FYI stands for "Follow Your Instinct," and it just so happens to be an A-class urban artist showcase based right here in Toronto.

Each month, the FYI collective hosts a live throwdown at Harlem. The idea is to provide emerging talent with a space to hone their craft, and to give urban audiences a show worthy of their discerning tastes. JORDANA DIVON

ERIN REECE/FOR METRO

▶ FYI celebrates its one-year anniversary showcase tonight at Harlem Restaurant (67 Richmond St. E.). Check out fyi-toronto.com for more.

STOP HAIR LOSS



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BIO-FEN PLUS™ capsules are usually effective at stopping hair loss within the first two months. However, since healthy hair grows only about 1 cm each month, it may take up to three months before you notice that hair growth is increased or further hair loss is stopped.

Anyone experiencing new growth will see it within four to six months. Once results become apparent, some users are able to reduce their BIO-FEN PLUS™ supplement dose to one capsule every second or every third day. Some clients will continue to take BIO-FEN PLUS™ daily. Once you stop completely, however, your hair growth pattern will slowly go back to the point where you started.

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BIO-FEN PLUS™ is manufactured in Canada according to a quality assurance program called Good Manufacturing Practices *(GMP)*. This ensures that the ingredients are tested for their level of quality, potency & purity, prior to production and again prior to sale.

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www.biofen.com

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2 scene

HANDOUT

▶ The Bloor-Yorkville Icefest shows off beautiful creations done by ice carvers, including a 12-foot tall elephant.

Get your chainsaw, it's time to carve ice

The Bloor-Yorkville Icefest featuers some amazing ice sculptures from around the world ◐ Don't miss Saturday's three-hour carving competition

BACKSTAGE PASS

IAN GORMELY
METRO TORONTO

Ice. We've got a lot of it here in Canada. So much so, that we've adopted a slew of different ways to amuse ourselves with it. We skate on it, push heavy rocks across it — heck, we even hurdle ourselves down steep tubes of it wearing nothing but spandex and a helmet.

So it should come as no surprise that on occasion, we'll take a chainsaw to large blocks of it, and make art. Such creations are the focus of the annual Bloor-Yorkville Icefest, with elaborate ice-sculptures dotting streets of the popular shopping and eating area.

The theme of this year's fest is Circus Exravaganza, and fittingly, the focal-piece is a 12-foot tall elephant made from 16 separate blocks of ice. The frozen pachyderm was conceived and executed by IceCulture Inc., an Ontario-based company that specializes in manufacturing and carving ice.

"We have a design team that will do a sketch of what we think the organizers want," explains IceCulture Inc.'s events co-ordinator Jess Mahon. "We send it to them for confirmation. Then we show it to our carvers and they go from there."

Three carvers have been toiling away in IceCulture's freezer for the past month, chipping and hacking away at over 100 blocks of ice to create the pieces, bringing the original sketch to life. The sculptures are then trucked into town and assembled onsite.

Saturday's carving competition presents new challenges for carvers, as contestants are given just three hours to execute their vision using a single block of ice. Making matters even more difficult, most have only practiced on clay because blocks retail for about $150. Despite its abundance everywhere we don't want it, it turns out that a good block of ice is pretty expensive.

Global carving

China. Ice carving seems like a uniquely Canadian pursuit, but it's a popular across the globe. Wan Xie, one of IceCulture's carvers, got his start in the field while living in China. He took soapstone-carving lessons when he was a teenager. Several years later, he found himself working in a five-star hotel carving centrepieces for weddings and buffets. "The technology is the same, he explains. "You just use different tools." After Xie immigrated to Canada eight years ago he was introduced to ice carving, Canuck style.

Scene in brief

Alyssa Milano is becoming a mom. A spokeswoman for Milano says the 38-year-old actress is expecting her first child with husband David Bugliari.

Milano confirmed the news on Twitter Tuesday, writing that she "couldn't be happier."

She and Bugliari, who is an agent with Creative Artists Agency, were married in August 2009.

Milano starred in TV's Who's the Boss? and Charmed. She can next be seen in the movie Hall Pass, in theatres Friday.

THE ASSOCIATED PRESS

Flashpoint, Less Than Kind, Barney's Version vie for screenwriting awards

Brown allowed to see, talk to Rihanna, court says

Chris Brown doesn't have to stay away from Rihanna anymore after a judge on Tuesday downgraded a restraining order in the singer's felony assault case.

Superior Court Judge Patricia Schnegg's ruling came after an attorney for Rihanna said she didn't object to removing the stay-away provisions of an order issued after Brown pleaded guilty to beating her in February 2009. The old order required Brown to stay 50 yards away from Rihanna, but the restriction was reduced to 10 yards if they were at a music-industry event.

The judge said she never would have considered relaxing the order without Rihanna's consent and until Brown completed domestic violence counselling. Prosecutors did not object to the change.

Schnegg praised Brown, who was in the court Tuesday and left holding a one-page copy of the new order. She noted he continues to make progress on completing the physical labour requirements of his probation and said the R&B singer does not have to attend a June 22 progress report hearing. The new order remains in effect until August 2014 when Brown's probation is scheduled to end.

DAVID MCNEW/THE ASSOCIATED PRESS

▶ Chris Brown

He and Rihanna, 23, can now see and speak to each other. But if Brown harasses, threatens, assaults, or tracks his ex-girlfriend's movements, he could be found to be in violation of his probation.

Rihanna, whose real name is Robyn Fenty, can record any threatening conversations with Brown and present them as evidence to authorities.

Brown, 21, was charged with felony assault for the February 2009 fight in which he repeatedly struck Rihanna.

THE ASSOCIATED PRESS

While Hollywood prepares to celebrate the best in movies from 2010 the Razzies are ready to honour the worst ● Will any of the "winners" show up to accept their awards? ● The vampires of Twilight could dominate

Time to hand out the Razzies

▶ The Last Airbender and The Twilight Saga: Eclipse, above, are favourites to take home several Razzies.

NED EHRBAR
SCENE@METRONEWS.CA
METRO WORLD NEWS IN LOS ANGELES

The night before the Oscars, the more sarcastic members of the Hollywood community will be gathering to celebrate the Razzies, honouring the worst of the worst from the past year. Leading the pack: Twilight: Eclipse and The Last Airbender. The simple ceremony is a great opportunity for stars to show they have a sense of humour about their missteps, as Sandra Bullock did last year when she showed up to accept her Worst Actress prize for All About Steve.

This year's nominees, though, don't seem as likely to make an appearance — especially since the four leads of Sex and the City 2 were lumped into a single nomination It would be great to see Jennifer Aniston in attendance if her role in The Bounty Hunter wins, since the former Friend has been a good sport lately about mocking her public image. And we already love one new category: Worst Eye-Gouging Mis-Use of 3-D.

That same night, across town, the indie film community will be celebrating the 2011 Film Independent Spirit Awards, where Oscar nominees Black Swan, 127 Hours, The Kids Are All Right and Winter's Bone are also up for Best Feature. Winter's Bone should clean up here.

Razzie Nominations

- **Worst Picture:**
  The Bounty Hunter
  The Last Airbender
  Sex and the City 2
  The Twilight Saga: Eclipse
  Vampires Suck
- **Worst Actor:**
  Jack Black in Gulliver's Travels
  Gerard Butler in The Bounty Hunter
  Ashton Kutcher in Killers and Valentine's Day
  Taylor Lautner in The Twilight Saga: Eclipse and Valentine's Day
  Robert Pattinson in Remember Me and The Twilight Saga: Eclipse
- **Worst Actress**
  Jennifer Aniston in The Bounty Hunter and The Switch
  Miley Cyrus in The Last Song
  The Four "Gal Pals" (Sarah Jessica Parker, Kim Cattrall, Kristin Davis and Cynthia Nixon) in Sex and the City 2
  Megan Fox in Jonah Hex
  Kristen Stewart in The Twilight Saga: Eclipse
- **Worst Supporting Actor**
  Billy Ray Cyrus in The Spy Next Door
  George Lopez in Marmaduke, The Spy Next Door and Valentine's Day
  Dev Patel in The Last Airbender
  Jackson Rathbone in The Last Airbender and The Twilight Saga: Eclipse
  Rob Schneider in Grown Ups
- **Worst Supporting Actress**
  Jessica Alba in The Killer Inside Me, Little Fockers, Machete and Valentine's Day
  Cher in Burlesque
  Liza Minnelli in Sex and the City 2
  Nicola Peltz in The Last Airbender
  Barbra Streisand in Little Fockers
- **Worst Screen Couple / Screen Ensemble**
  Jennifer Aniston and Gerard Butler in The Bounty Hunter
  Josh Brolin's face and Megan Fox's accent in Jonah Hex
  The Entire Cast of The Last Airbender
  The Entire Cast of Sex and the City 2
  The Entire Cast of The Twilight Saga: Eclipse
- **Worst Prequel, Remake, Rip-off or Sequel**
  Clash of the Titans
  The Last Airbender
  Sex and the City 2
  The Twilight Saga: Eclipse
  Vampires Suck
- **Worst Director**
  Jason Friedberg & Aaron Seltzer for Vampires Suck
  Michael Patrick King for Sex and the City 2
  M. Night Shyamalan for The Last Airbender
  David Slade for The Twilight Saga: Eclipse
  Sylvester Stallone for The Expendables
- **Worst Screenplay**
  The Last Airbender
  Little Fockers
  Sex and the City 2
  The Twilight Saga: Eclipse
  Vampires Suck
- **Worst Eye-Gouging Misuse of 3-D**
  Cats & Dogs: The Revenge of Kitty Galore
  Clash of the Titans
  The Last Airbender
  The Nutcracker in 3D
  Saw 3D

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HANDOUT

▶ Community airs Thursday nights on Citytv. This was from the animated episode this season.

Strange community

- Producers continue to take risks, keeping Community viewers off guard
- On this week's show, the cast gets a visit from U.S. vice-president

IAN JOHNSTON
SCENE@METRONEWS.CA

Things have been getting weird on Community this season. Zombies. Animation. Barenaked Ladies bashing. And don't forget the lesbian make-outs. What's going on with the sophomore sitcom?

"A lot of it is (creator) Dan Harmon and our writers and producers really just continuing to take great risks," says Alison Brie, who plays the naïve, sweet Annie on the college-set comedy.

"And it was us (actors) going forward gung-ho. Dan started to realize that we were willing to do anything he would put in front of us."

Anything includes a recent near-kiss between Brie's character and Britta (played by Gillian Jacobs).

"It wasn't in the script. We just sort of improvised it. And everyone behind the camera was like — yes! It was clearly a bunch of dudes," says Brie.

"It's nice to know that everyone was in support of us getting really incestuous," adds Danny Pudi, who plays Community's pop culture junkie Abed.

For Pudi, the show's second season has been all about finding their characters.

"It's natural that the more you discover each other — where they come from, their lives — the more complicated things get," he says.

"That, by the way, was very similar to my sophomore year in college."

On this week's episode, airing Thursday, the cast cope with the imminent arrival of the U.S. vice-president.

There's also a student election faceoff between Jeff (Joel McHale) and Annie, who comes off a bit more ruthless than you'd expect.

"Oh, she has heart, but she's driven. She definitely has the cut-throat attitude. There's a lot of Hillary Clinton in what Annie is doing. And some Bill Clinton in what Jeff does," says Brie.

"And I play Chelsea Clinton," claims Pudi though, in truth, the episode finds Abed in an encounter with a secret service agent.

"Abed has these side adventures — this other secret life. People are always like, 'What have you been doing this episode? Delivering a baby?'"

Community airs Thursday nights on Citytv.

Community

The lowdown on Community and its characters.

- **The premise** The series is about a group of students at a community college in Colorado. The series heavily uses meta-humour and pop culture references, often parodying film and television clichés and tropes.
- **Cast of characters:** Joel McHale, Gillian Jacobs, Danny Pudi, Yvette Nicole Brown, Alison Brie, Donald Glover, Ken Jeong, Chevy Chase
- **Based on real life** The premise of Community was based on series creator Dan Harmon's real-life experiences. In an attempt to save his relationship with his then-girlfriend, he enrolled in Glendale Community College northeast of Los Angeles, where they would take Spanish together. Harmon said he got involved in a study group and, somewhat against his own instincts, became closely connected to the group of people with whom he had very little in common.
- **Harmon's creative process** About the creative process behind the writing, Harmon says that he had to write the show as if it were a movie, not a sitcom. Essentially, he says, the process was no different from the earlier work he had done, except for the length and the target demographic.

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▶ Jesse James says it takes two to destroy a marriage.

Jesse James to pen marriage memoirs

Jesse James has signed a deal with Simon & Schuster to publish a tell-all memoir about the demise of his marriage to Sandra Bullock, according to Popeater.

"Jesse has made it clear to his publisher that he has a story that has not been told yet," a source says. "He wants to reveal to America once and for all that you can't blame one person when a marriage falls apart. It takes two people to make a marriage and two people to destroy one."

James' marriage collapsed after it was discovered he'd been cheating on the Oscar-winning actress.

"He's not looking to blame the victim." the source says.

METRO

Lainey's Oscar file

BEST ACTRESS: MICHELLE WILLIAMS

BLUE VALENTINE

Single mother Williams often reads to her daughter, Matilda, in different accents according to the roles she's preparing for in upcoming projects.

She used a Boston accent while working on Shutter Island and even read to Matilda as Marilyn Monroe when she recently played the icon in her next film My Week With Marilyn.

▶ Michelle Williams

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LAINEY, ETALK CORRESPONDENT AND AUTHOR OF LAINEYGOSSIP.COM

Celebrity tweets

Bob Saget [@bobsaget] If a woman throws a glass of water in your face, it is not an insult... as long as your face was on fire.

Jessica Alba [@jessicaalba] Nap time for Honor & me. Sooo tired.

Nicole Richie [@nicolerichie] Same outfit 2 nights in a row. 2 different crowds, no one will ever notice... except I just twittered it. METRO

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3 life

London calling!

- British catwalks were invaded this February as London Fashion Week swept through the Square Mile
- Take in four fashionista favourites

GETTY IMAGES

VIVIENNE WESTWOOD RED LABEL

Held in the Royal Courts of Justice, Vivienne Westwood's punky show featured her mad sense of draping with a wild mix of plaids, pinstripes and colourblocking. But look hard enough at her densely layered ensembles and you'll see some of the most wearable pieces she's shown in quite some time: tailored wide leg trousers for the business meetings, a sexy, off-the-shoulder gold brocade dress for that cocktail gathering and a belted, faux-fur collared cardigan for those Saturdays at the market.

KENYA HUNT

GETTY IMAGES

ACNE

"I am fascinated with the girls in my design studio," said Acne founder Jonny Johansson on his inspiration for his autumn/winter 2011 collection. "My girls are glamorous, but not rich – they are cool." Acne took ideas that sounded over-the-top on paper — gold and silver colour blocked leather trousers, for instance — and rendered them in an understated, clean and modern way. These were luxurious, but unassuming clothes that you can work in from the dusty rose slouchy leather jumpsuits to his goldenrod tailored wool coats.

KENYA HUNT

GETTY IMAGES

MULBERRY

Go-to heritage brand Mulberry looked to the fitting surroundings of the countryside and the traditional British pursuits of shooting, fishing and hunting. The colour palette was autumnal and quaintly English in soft grey, russet and shades of purple – all very practical for a country jaunt. Quilted jackets, macs and shearling sheepskin gilets were nonchalantly thrown over anything and everything from silk blouses, culottes and wool trousers through to eveningwear – it's a style that the posh set do so well.

RICHARD PECKETT

GETTY IMAGES

ALICE TEMPERLEY

Back in London after a two-year stint in New York and celebrating her 10-year anniversary, Alice Temperley transformed the British Museum into the "Temple of Temperley." Models made a sweeping entrance as they showcased the dramatic and decorative inspiration of the collection, the unraveling Venetian fans. Based on a nude palette of cream, champagne and mink, day wear focused on intricately stitched full skirts and silk twill dresses brought to life with bold digital prints. Undertones of cinnamon, gold specks and Venetian red gave off just the right amount of sparkle.

ROMINA MCGUINNESS

2 LFW'S MOST INNOVATIVE

CHRISTOPHER KANE
Plastic dresses

- Christopher Kane pushed boundaries by creating leather tops dyed and printed to mimic the crochet knit skirts and cardigans they were worn with. But the real standouts were his dresses and clutch purses made out of plastic filled with squishy technicolor liquid. He also used it as decorative accents on tailored trousers and at the neckline on knit dresses.

CHRISTOPHER BAILEY
Plastic capes

- Under a shower of real snow, Christopher Bailey sent models down the runway in clear, cropped plastic capes with pert, black trim as the grande finale to his '60s inspired show. They were not only chic, but practical, letting you show off your outfit while staying dry. METRO

IAN GAVAN/GETTY IMAGES

▶ A Christopher Kane design.

The inescapable Adele

Fashion month is turning into a game of count the Adele songs. We heard her single Rolling in the Deep, playing at Cynthia Rowley, Costello Tagliapietra and Charlotte Ronson in New York. And her voice surfaced again at Burberry Prorsum in London —this time it was the unreleased track Someone Like You.

We've rounded up some of the most memorable songs we've heard at the London collections so far:

Christopher Kane - Reviewing the Situation, by Sandie Shaw

Mulberry - Animal, by Miike Snow

Vivienne Westwood - Ventriloquizzing, by Fujiya, Miyagi

Burberry Prorsum - You Don't Own Me, Dusty Springfield

METRO

Vogue editor, museum curators pay tribute to McQueen at London Fashion Week

Love your locks!

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Short Cut
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Green Piece
Going green and still getting red-carpet-worthy hair can be a feat. This pair smells like cucumbers and leaves your hair feeling super-clean and ready for styling. J.R. Watkins Daily Shampoo and Conditioner in Aloe & Green Tea. $13 each, jrwatkins.com.

Ask For It!
"A scalp massage stimulates blood circulation, which helps hair growth and releases the natural oils from the scalp to the hair." — John Donato, owner of Donato Salon + Spa locations in Ontario, which offers scalp massage as part of any hair service.

THE KIT is an amazing new digital beauty magazine offering great tips to help you look and feel your best. Subscribe for FREE at thekit.ca.

Style reviews decoded

You love to look at the clothes on the runway, but deciphering the fashion show critiques is another matter altogether...

LOUIS MONOYUDIS
LIFE@METRONEWS.CA

For the average person, fashion show reviews are notoriously hard to understand. Editors seem to write for other fashion editors, one-upping each other with insider descriptions that leave all but the most devoted fashion followers wondering what to make of them.

So in an effort to get you comfortable with this month's onslaught of runway coverage, we've come up with this handy little pocket translation. Rip it out, put it in your wallet and refer to it often.

CATWALKING.COM

▶ 3.1 Phillip Lim

"Compared with the competition, the Lim boys looked like peacocking visitors from Planet Stardust."
STYLE.COM ON 3.1 PHILLIP LIM

What it means: "If everyone else showed Frank Sinatra, Lim showed David Bowie."

"But it was a repetitive show, the concepts not really new, and there is a limit to the appeal of sand, especially when you're stuck in it."
THE NEW YORK TIMES ON DONNA KARAN.

What it means: "Please do something new already!"

▶ Donna Karan

MAURIZIO MAULE

▶ Blumarine

"If a fashion designer whispers with an elegantly cut jacket or an easy linen dress, he or she is briskly shouted down here by aficionados of sequins, doodads and baubles."
THE WASHINGTON POST ON THE MILAN SHOWS

What it means: "The Milanese think the collections with subtle details and soft colors are a tired bore compared to the sexy shows with all the sparkle and sass."

"If irony is the thread that runs through modern fashion, then the Chanel cardigan jacket is the eye of the needle."
THE NEW YORK TIMES ON CHANEL

What it means: "Everyone is doing their own version of the classic Chanel cardigan jacket — even Chanel!"

▶ Rodarte

"By show's end, that vision turned flaxen in an ode to the California gold rush that read more gladiator than Wild West."
WOMEN'S WEAR DAILY ON RODARTE

What it means: "The use of gold on the clothes made the girls look more like Spartan whores than Wild West cowgirls."

A FASHION LINGO CHEAT SHEET

Do you know your bias-cut from your degradé? No? Then this little guide is for you.

- **Directional** A collection that points to the way forward. It signals what we might expect to see in future fashion trends.
- **Bias-cut** When the fabric is cut against its natural grain so that the material falls vertically, creating a body-conscious silhouette.
- **Leg-of-mutton sleeves** A sleeve in which the fabric billows outward at the shoulder and then narrows to form a snug fit between the elbow and wrist.
- **Midi-length** A skirt length that falls to the middle of the calf.
- **Maxi skirt** A skirt that grazes the ankle or the floor.

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THE GREATS

THE TOP 10 designers ever

We polled our readers in the United States, Canada, Denmark, France, Greece, Hungary, Italy, Netherlands and Portugal to find out their favorite fashion creatives to ever walk the earth. Coco Chanel, naturally, topped the list, while Giorgio Armani somewhat surprisingly followed. But a shocker: Karl Lagerfeld, barely made the cut.

KENYA HUNT
LIFE@METRONEWS.CA

COCO CHANEL

1 She liberated women from suffocating corsets before feminism was even a word. And nearly a century later, her tweed suit and quilted bag remain timeless, cross-generational examples of chic.

GIORGIO ARMANI

2 He set a new standard for tailoring by which Milan became known and became the go-to guy for Hollywood's starriest celebs from Tom Cruise to Lady Gaga.

CHRISTIAN DIOR

3 His New Look, a full skirt and a jacket with a cinched waist, revolutionized fashion. The silhouette was ground-breaking and the creating a new shape each season sparked our modern trend cycle.

YVES SAINT LAURENT

4 Nearly every contemporary designer did versions of his Le Smoking tuxedo jacket, safari jumpsuit and bold color combos for spring. He also invented ready-to-wear.

CALVIN KLEIN

5 He made denim fashionable and defined minimalism as we know it. Equally important, he is partly responsible for Kate Moss and "Marky Mark" Wahlberg.

GIANNI VERSACE

6 His Baroque prints and gilded accessories defined an era of extravagance in the '90s. He's also credited with sparking the super model era by being the first to pay them outrageous fees.

RALPH LAUREN

7 His iconic polo shirt transformed American sportswear and converted people of all ethnic backgrounds and classes to his WASPy, preppy look.

PIERRE CARDIN

8 He was the first designer to seriously look to space for inspiration with his New Agey, often unisex, designs. You can also thank Cardin for the bubble dress which ruled the '60s and '80s.

JEAN-PAUL GAULTIER

9 His flamboyantly sexy, yet cheeky work is the stuff of pop culture legend thanks to the so-ridiculous-it's-brilliant cone bra he designed for Madonna.

KARL LAGERFELD

10 It's difficult to pin him down to one look. But that's also his strength, capturing the moment, whatever it is, and owning it. He's the last remaining of fashion's old guard couturiers working today.

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Toronto's cultural corridor

SUBMITTED

▶ Toronto's newest address in the Theatre District features a rooftop patio.

SUBMITTED

▶ Urban professionals will be drawn to The Mercer's downtown location.

The project overview

Urban professionals and creative entrepreneurs will be drawn to The Mercer's style and prime downtown location. With 33 floors and 415 units, Toronto's newest address in the Theatre District is located at 8 Mercer St., between King and John Streets.

DUNCAN MCALLISTER

Meet the condo

- **WHAT:** The Mercer Condos
- **BUILDER:** Beaverhall Homes and Graywood Developments
- **LOCATION:** 8 Mercer St.
- **WEBSITE:** themercer-condos.ca
- **PHONE:** 416-597-6940
- **SIZES:** Suites from 363 to 1,133 sq. ft
- **PRICING:** Prices start from the mid-$200,000s

Building amenities

The complex boasts a fitness centre, a party room and a screening room as well as a Scandinavian-inspired sauna and spa area. Clad in a marble mosaic tile with a wood ceiling, The Mercer Spa will have all the features you'd expect in a high-end gym, including top-of-the-line fitness equipment and even a hot tub.

Location and transit

Located right downtown just west of the city's financial district, The Mercer is unique for its connection to the city's underground PATH system located right across the street. It's a short walk to the King streetcar and University subway line, and drivers are close to the Gardiner expressway.

In the neighbourhood

The Mercer is located in the heart of the city's entertainment district, near the Princess of Wales Theatre, Roy Thomson Hall, the Four Seasons Centre, the Royal Alexandra Theatre, the Air Canada Centre and the Rogers Centre. It's close to shopping at the Eaton Centre and to stores and restaurants along King St. West.

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Real news. Toronto

Emerald City Phase II, coming soon. Presentation Centre on Sheppard Ave. East. Visit emeraldcity2.com
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Open House, Electra Lofts, 1029 King St. West, Suite 1028. Feb. 26, 2-4 p.m. Call 416-205-0355.
Open House, Condos at 33 Charles St. East, Suite 4001, Feb. 26-27, 2-4 p.m. Call 416-489-2121.
The National Home Show continues at Direct Energy Centre, Exhibition Place, Feb. 18-27. Visit nationalhome-show.com.

DUNCAN MCALLISTER

LIVING IN A GLASS HOUSE

Rooftop Surfing

STEPHEN DUPUIS
HOME@METRONEWS.CA

Last Friday, before the ribbon was cut on opening day of The National Home Show, I got a sneak peek at the futuristic Glass House, built by Concept PolygHome and designed by Debbie Travis.

I quickly found out there was a lot to learn about this innovative green construction concept, which features bioclimatic architecture.

The structure is made with wood beams that are manufactured from the recovery of engineered wood. This one happens to be assembled into a semi-circle, but it can be assembled in a variety of ways.

The Glass House has floor-to-ceiling energy-efficient windows that capture as much sunlight as possible, which can be swapped out for solar panels. There's a rainwater recycling mechanism and even the insulation is soya-based polyurethane foam. I'm sure I'm forgetting a few details, so if you get the chance to get down to the show before Feb. 27, it's worth the trip — if only for the inspiration.

Incorporating green ideas in your home might seem overwhelming, but talking to a professional renovator can help. One option is to visit BILD's RenoMark website, where a database of certified contractors is at your fingertips. There's also a section that explains government incentives that can help pay for some green renos.

Inspirational interiors

Discover the latest design trends at The National Home Show Be 'edu-tained' by your favourite celebs

KARL LOHNES
LIFE@METRONEWS.CA

If you're looking for inspiration for your home or garden, then there's only one place to go: The National Home Show, Canada's largest and oldest home and garden show, which runs until Sunday.

A quick ride on the Bathurst 501 streetcar and you'll be transported to home heaven at the Direct Energy Centre at Toronto's Exhibition Place.

There are more than 700 exhibitors flaunting their domestic wares, from skylights to reading lights.

And that's just the beginning. There are also free seminars, attractions and even a place to enjoy a glass of wine. Here are a few other things to check out when visiting the show.

The Boulevard of Dreams features two fully built houses — one modern and another traditional. Tour the houses and bring home tons of decorating ideas. The boulevard also showcases a man cave garage outfitter with tools and electronics that will leave every handyman drooling.

For the outdoor gardener there are nine garden features, all of different sizes and themes. The popularity of these features usually means waiting in a lineup, but they are well worth the wait.

More info

Visit: nationalhomeshow.com for times, location and tickets.

SUBMITTED

▶ An interior from the Carlton home.

At the Urban Barn Main Stage you'll be "edu-tained" by some of your favourite reno and decor celebrities. See HGTV's Brian Baeulmer, Scottish designer duo Colin and Justin, CitlyLine's Mary Dobson and of course yours truly, just to name a few. We're be on stage over the next few days to bring you great ideas for your home. We'll be showing you new products, answering your decor questions and having a few laughs along the way.

Exhibitors will be showcasing everything from new technology in skylights to the hottest furniture designs; there are hundreds of never-before seen products just hitting the market.

Check out the marketplace shopping district while you're at the show — a charming area to shop for home accessories and see the latest trends in decorating.

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Take home ideas and get inspired by celebrity experts like HGTV's **Colin and Justin** presented by the Toronto Star and **Karl Lohnes** presented by Benjamin Moore on the Urban Barn **Main Stage** presented by HGTV.

Escape winter in the **Dream Gardens** where nine of GTA's top landscapers come together to showcase the latest in outdoor ideas and products. Plus, get ready for your backyard parties with samples and entertaining tips with the **Toronto Wine & Spirit Experience** presented by Eye Weekly.

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Get the look of Venetian plaster

Here's a step-by-step guide on how to get an old-world look that will be the envy of all your friends It's an easy project that you can do yourself

DIY IDEAS

Venetian plaster is a highly durable faux finish that resembles polished marble and has a look of luxury envied by royalty, but achievable by any do-it-yourselfer.

DIY Network Canada's House Crashers (airing Wednesdays at 9 p.m. ET/PT and 9:30 p.m. ET/PT) offers a step-by-step guide to the art of Venetian plastering.

Step 1: Prepare the wall
If your walls have a high-gloss finish, sand them lightly with fine-grit sandpaper to dull the finish.

Vacuum the dust and then, using warm water and soap, wipe down every inch of the area you wish to plaster.

Step 2: First coat
To apply the plaster, use a trowel hand tool. Holding the trowel at a 20- to 30-degree angle, put a small amount of plaster on the wall and spread it around in a wide, circular motion.

Continuing with the same application method, cover the entire wall with a thin coating. Wipe the trowel clean every few minutes to ensure dried pieces of plaster don't scratch the wall.

Step 3: Wait it out
Allow the first coat of plaster to dry for at least four hours, or until the plaster has lightened from its original hue.

Step 4: Second coat
To apply the second coat, hold the trowel at a 90-degree angle and, instead of big sweeping movements, make smaller circles.

Apply more pressure with the trowel to achieve a smoother finish. Fill in any missed areas and allow the coat to dry for at least an hour.

Step 5: Add the shine
Using steel wool, rub the plaster to give it a shine. Keep an even pressure to assure that the gloss is evenly distributed.

Use a moist cloth to wipe down the entire wall to get rid of dust and other plaster particles.

Step 6: The finishing touch
Apply a thin layer of Venetian plaster acrylic top coat with the trowel. Burnish the top coat using the steel wool and wipe the surface down with a dry cloth.

HOUSE CRASHERS AIRS WEDNESDAYS AT 9 P.M. ET/PT AND 9:30 P.M. ET/PT ON DIY NETWORK CANADA.

ISTOCK

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▶ Venetian plaster treatments, like the two pictured here, can help make any wall in your home look unique.

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▶ When choosing a sofa, ask yourself what its primary use will be. This one looks perfect for lying down on in front of the TV.

Sofas are very important to the living room, yet so many people end up choosing the wrong one

Ruling the room

DESIGN CENTRE

KARL LOHNES
HOME@METRONEWS.CA

The sofa is arguably the most important piece of furniture in the living room — one that most people get wrong when choosing style, size and fabric.

The first thing you must decide is how you are going to use your sofa. Will the sofa be used for entertaining with cocktails, slumbering to watch television or used as an occasional bed for overnight guests?

All of these questions help to define a style that best suits the way you will live with your sofa.

The biggest mistake that people make when buying a sofa is that they buy the wrong size/scale for the space they are putting it in.

"The rule" for purchasing a sofa is that it should be no longer than two-thirds of the width of the room.

This means that if you have a 10-foot by 20-foot room, the sofa should be no larger than two-thirds of 10 feet (6-foot-4 inches).

By making sure the sofa fits along both walls (the "width" wall and the "length" wall), you'll be able to move your furniture around more easily.

The "two-thirds rule" also ensures that you will have space for end tables alongside your sofa.

I suggest rather than purchasing a sectional style sofa, invest in two sofas — sectionals typically only fit in one area of a room, whereas two sofas will give you optimum flexibility to move your furniture around.

If you need lots of seating on a smaller sized sofa then avoid sofas with large, bulky arms.

These arms take up space that could be used for seating.

Tight-back sofas are the most space-efficient, as opposed to deeper sofas, which take up extra space because of their large cushions.

If you are trying to make your living room look larger, consider purchasing a sofa that is set up in such a

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▶ The Fleur Sofa is the perfect-scaled sofa, versatile in its traditional or modern look. Available at sears.ca

ISTOCK

▶ The Nines Apartment Sofa's return arms make it a cosy place to entertain. Available at crateandbarrel.com.

▶ The PB Futon Sofa is one of the most stylish sofa-beds out there. Available at potterybarn.com.

way so that you can see underneath it when it is in your living room. An exposed decorative leg style might be better than a skirted base.

The ability to see under the sofa will seemingly elongate the room.

If there is a need to have a sleeper sofa, then keep in mind that they are always much deeper in size. The extra depth is used to contain the pull-out mechanisms.

Also consider adding an electric blow up mattress on top of the pull out. This is an inexpensive way to give your guests an incredibly comfortable night's sleep.

When choosing upholstery fabrics for your sofa, ask yourself this question: Is this the fabric I want to look at for the next 10 years?

Will it be elegant, durable, cosy?

However you plan to use the sofa should indicate the type of fabric being chosen. For instance, a sofa used in a family room might have a durable ultra-suede or chenille covering, whereas one used for a cocktail lounge setting might have a silk damask or finer linen cover.

Got a small space?

Keep the depth of your sofa under 38 inches and the length less than 80 inches. This smaller proportion will help to make the room feel as grand as possible.

Choose a neutral-coloured covering that blends either with the tones of the floor or the walls. This will allow the sofa to be absorbed into the room's decor and not stand out.

Visiting Karl

- See me today and tomorrow at the National Home Show, located at the Direct Energy Centre at Exhibition Place!
- I'll be on the main stage today and tomorrow and I'd love for you to come and say hello. I'll be highlighting the six top decor colour trends, giving my rules for hanging artwork, choosing area rugs and of course answering your decor dilemmas!
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NEWS CANADA

▶ Jackie's inspiration for her bedroom renovation was the Torlys cork floor.

Bedroom reno 101

JACKIE MORRA
NEWS CANADA

Getting started on a new renovation or decorating project is not as difficult as it seems if you follow the process I used for my own bedroom renovation.

How do I decide on flooring?
The floor area sets the tone and feel, and is the second largest space next to the walls. Research the right product for your lifestyle.

The key to longevity is to take into consideration quality, the look you want and installation.

The flooring used in my bedroom renovation, for instance, is Torlys cork plank, vintage block chai.

It was actually the inspiration for this space because I fell in love with the comfort, warmth and the many environmental benefits of the floor.

More information is available online at torlys.com.

How do I coordinate fabrics?
Fabrics need to complement each other and not compete in terms of colour, pattern and scale in order to balance furnishings and style without being visually distracting. Try to choose all fabrics within a space at the same time.

How do I choose and display accessories?
If you don't love it, live without it. Accessories should be a reflection of your personality or style.

Group accessories in odd numbers, preferably in threes, while varying the height of objects. Pillows, artwork, lighting and treasured pieces add a finishing touch and can be easily updated.

YOUR FOCUS SHOULD NOT BE ON REVENGE

Legal Matters

JEFFREY COWAN
HOME@METRONEWS.CA

We rent some commercial space for our business and have done so for the past three years. Last spring our landlord's agent provided us with lease renewal paperwork, which we executed and gave back to him.

We believed our lease had been renewed and we kept paying our rent until last month when we received a letter from the lawyers for our landlord stating that we were in a position of 'overholding' and that the lease had been terminated.

In the fall we had a run-in with the agent concerning parking in the back laneway. We have now been given one month's notice to vacate the premises and feel that this may ruin our business that we have grown from this location. What can we do?

Although you signed the lease renewal, it was still your responsibility to make sure the landlord had also signed the document.

Usually this is standard practice but unfortunately in your case, the renewal has not been executed. Therefore, the landlord is in a position to request you leave the premises in a timely fashion. The notice period for this process should be set out in your original lease.

You may have a cause of action against the landlord because they did not inform you they were not renewing the lease.

You may also have some cause of action if the agent was the person who did not provide the lease renewal to the landlord but that would most likely be a very tough thing to prove.

However, in the meantime you should look for an alternate space as you don't want to be in a position where the landlord can lock you out and seize your goods.

Also, you might consider foregoing any legal action because your focus should be the survival of your business and your livelihood rather than uncertain revenge.

JEFFREY COWAN IS THE PRINCIPAL OF COWAN TAYLOR & MCGEE AND CAN BE REACHED AT JEFF@COWANLAW.CA.

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brandy Lane HOMES

Turkey with Praline Sauce

EMILY RICHARDS
FOOD@METRONEWS.CA

If winter meals appear to be dreary and in need of a lift, this tasty recipe for nut-crusted turkey cutlets with praline sauce will be just the ticket.

Ingredients:

- 3/4 cups (175 mL) dry breadcrumbs
- 1/2 cup (125 mL) finely chopped pecans
- 2 tbsp (30 mL) finely chopped fresh sage
- 1/2 tsp (2 mL) hot pepper flakes (optional)
- 1/4 tsp (1 mL) each salt and pepper
- 1/2 cup (125 mL) all-purpose flour
- 2 eggs, beaten
- 1 tbsp (15 mL) cold water
- 1 1/2 lb (750 g) turkey cutlets

Praline Sauce

- 1 cup (250 mL) packed brown sugar
- 3/4 cup (175 mL) water
- 1/4 cup (50 mL) butter
- 1/4 cup (50 mL) liquid honey
- 1 tsp (5 mL) hot pepper flakes or hot pepper sauce
- 1/2 tsp (2 mL) salt
- 1 cup (250 mL) pecan halves, toasted

Preparation:

1. In large bowl, combine breadcrumbs, pecans, sage, hot pepper flakes, if using, salt and pepper; set aside.
2. Place all-purpose flour on a large plate and place eggs and water in a shallow bowl. Dredge each cutlet in flour, shaking off excess. Then dip into egg mixture, coating both sides well. Coat both sides of cutlet in breadcrumb mixture.
3. Place cutlets on an oiled baking sheet and bake in centre of 350 F (180 C) oven for 30 minutes or until lightly browned and cooked through. Set aside.
4. **Praline Sauce:** Meanwhile, in heavy-bottomed saucepan combine sugar, water, butter and honey. Bring to a gentle boil over medium heat, stirring frequently until thickened. Stir in hot pepper flakes, salt and pecan halves. Let cool for about 10 minutes then spoon over cutlets and serve.

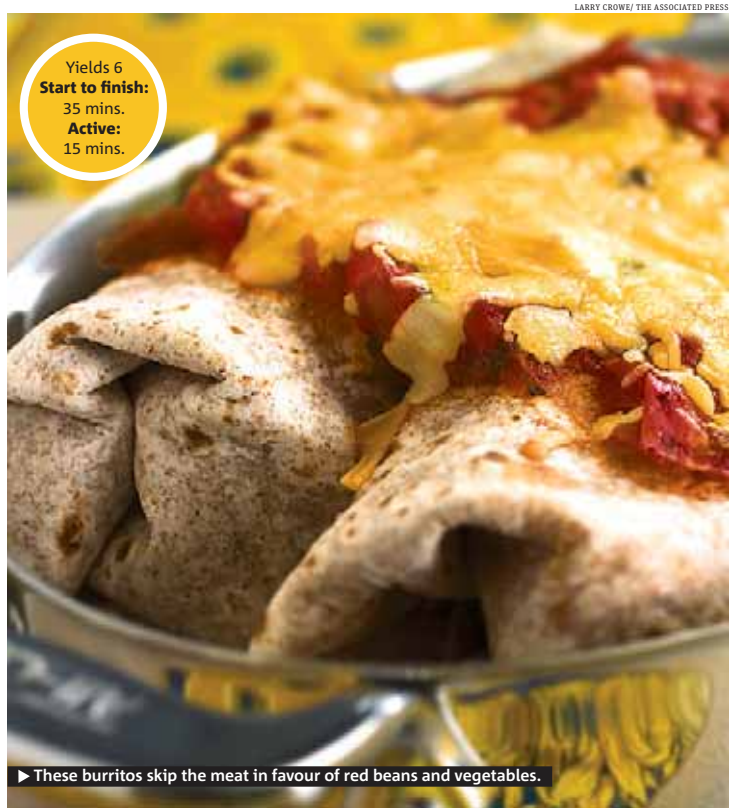
WITH FILES FROM THE CANADIAN PRESS/ONTARIO

TURKEY FARMERS EMILY RICHARDS IS A PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND A TV CELEBRITY CHEF. FOR MORE, VISIT EMILYRICHARDSCOOKS.CA.

A hint of Mardi Gras with a healthy twist

These Creole-style red bean burritos use flavours of the Gulf Coast

LARRY CROWE/ THE ASSOCIATED PRESS



▶ These burritos skip the meat in favour of red beans and vegetables.

One of appealing things about a burrito is that a range of ingredients can be rolled into one package.

But other less desirable surprises also can lurk inside burritos, especially extra fat and calories.

These Creole-style burritos, inspired by the flavours of the Gulf coast, take only about 35 minutes to make and are built with ingredients that make them less fattening.

First off, they're vegetarian, eliminating one of the chief culprits behind gut-busting burritos — fatty meat fillings.

Here, red beans and rice, a Louisiana favourite, bring the heft and some protein. Vegetables make up the rest of this Mardi Gras-inspired wrap. A handful of baby spinach adds more colour and nutrients.

And of course, no burrito would be complete without some cheese. We've kept things light by blending full-flavoured, full-fat pepper jack cheese with some lower calorie reduced-fat cheddar. Last but not least, we wrap everything up in a whole-wheat tortilla.

Ingredients:

- 1 pkg (250 g/8 oz) red beans and rice mix
- 750 ml (3 cups) low-sodium chicken broth
- 250 ml (1 cup) grated pepper jack cheese
- 250 ml (1 cup) grated reduced-fat cheddar cheese
- 1 pkg (500 g/1 lb) pepper and onion stir-fry mix, thawed
- 2 ml (1/2 tsp) Cajun seasoning
- 6 burrito-size whole-grain tortillas
- 500 ml (2 cups) fresh baby spinach
- 175 ml (3/4 cup) salsa

Preparation:

1. Heat oven to 180 C (350 F).
2. Cook beans and rice according to package directions, substituting broth for the water called for.
3. Meanwhile, in a small bowl, toss together both cheeses. Set aside.
4. In a large skillet over medium-high, combine pepper and onion mix with Cajun seasoning. Cook, stirring often, until vegetables are dry, about 5 minutes. Set aside.
5. Sprinkle 50 ml (1/4 cup) of the cheese blend over each tortilla; there will be about 125 ml (1/2 cup) remaining.
6. Spoon about 75 ml (1/3 cup) of the rice and beans over the bottom two-thirds of each tortilla. Spread about 75 ml (1/3 cup) of the pepper-onion mix over the rice. Pile some of the baby spinach on top of the peppers. Fold in 2 sides of each tortilla and roll up. Arrange burritos, seam side down, in a baking dish. Top each with salsa and some of the remaining cheese.
7. Bake burritos for 15 to 20 minutes or until heated through and cheese is melted.

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Anthony embraces challenges

Carmelo Anthony believes it takes a certain kind of person to deal with New York — and he's the one.

"I've been through so much in my short career so far, so for me to deal with you guys on a daily basis, I think it's easy," the all-star forward told reporters at a packed news conference yesterday before his first game with the Knicks.

"Is it going to be an easy transition for me? No. Is it going to be a lot of challenges? Yes. Is it going to be a lot of expectations? Yes. But I'm willing to accept all of them challenges."

The Knicks picked up Anthony from the Nuggets Tuesday in a three-team, 13-player deal with Denver and Minnesota. Hours before his debut against the Milwaukee Bucks, Anthony arrived at Madison Square Garden to get some shots in.

"I felt like I was still coming in just for a shootaround on an opposing team," he said. "It didn't really sink in yet — the fact that I'm a New York Knick. I feel like I'm still dreaming right now."

Anthony, who signed a $65-million US, three-year extension before the deal was completed, will join fellow all-star Amare Stoudemire in the front-court, giving the Knicks the potent duo they hoped they could assemble last summer in free agency.

THE ASSOCIATED PRESS

CHRIS TROTMAN/GETTY IMAGES

▶ Carmelo Anthony is introduced as a Knick yesterday.

Raps GM doesn't expect major trade

Team may make a few minor changes ahead of trade deadline

As today's NBA trade deadline approached, Toronto Raptors president and general manager Bryan Colangelo wasn't planning any major additions to his lineup.

"We're still working on a few things, mostly small," he said yesterday before the Raptors faced Chicago. "Not a lot of major significant things."

Colangelo did acquire James Johnson from the Bulls in a trade Tuesday and the small forward started yesterday's game against his former team.

Johnson was a player the Raptors might have drafted two years ago if DeMar DeRozan, the player they ended up selecting in the first round, had not been available at No. 9. The Bulls drafted Johnson 16th and Colangelo said he had a deal to drop in the draft to take Johnson if DeRozan had not been available.

The Raptors dealt the first-round pick they received from Miami in the Chris Bosh deal to get Johnson.

It all fits in with Toronto's rebuilding plan. With an uncertain labour situation that might make some players stay in school rather than take a chance in the draft, Colangelo feels the Heat's first-round pick could be as low as 28th — a spot that wouldn't likely yield a player as good as Johnson.

"We've taken a very strong look at this draft," Colangelo said. "It's not a great draft by star-quality standards, but there are what I'd call a lot of impact players potentially up at the top."

Colangelo said his own unresolved contract issue with the Raptors is not a factor in how he goes about business.

THE CANADIAN PRESS

CARLOS OSORIO/TORSTAR NEWS SERVICE

▶ New Raptor James Johnson tries to block a shot last night.

4 sports

Leafs preview

Leafs at Canadiens
7:30 p.m.
TV: SNET-O
Radio: AM 640

James Reimer is expected to make a fifth straight start in goal for the resurgent Leafs (26-27-7), who are within six points of eighth-place Carolina in the Eastern Conference. The Leafs have been shut out in both of their visits to Montreal this season.

The Habs (32-22-7) had an up-and-down road trip through Western Canada. It ended on a high note with a 3-2 victory over the league-leading Vancouver Canucks Tuesday night. It was an emotional win for goalie Carey Price in his home province of British Columbia.

THE CANADIAN PRESS

MARLIES
EVERY GAME IS A TRYOUT
WEEKEND MATCH UP
SAT FEB 26TH @3:00PM
SICKKIDS FOUNDATION GAME
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Seizing the opportunity

Podsednik checks into Jays camp, hopeful foot injury is behind him and looking to get back on track

NATHAN DENETTE/THE CANADIAN PRESS

▶ Scott Podsednik speaks to reporters yesterday.

Scott Podsednik's spring is not off to an ideal start, far from it, but at least he can take some solace in knowing that other years have also started poorly and turned out fine.

Like 2009, for instance.

"It's a crazy game," he said yesterday after checking into camp with the Toronto Blue Jays. "A couple of years ago I was sitting on my couch at the start of the '09 season, so anything can happen.

"I've learned over the years to just kind of focus on the things you can control, and all I can control is trying to get myself ready and playing my game in between the lines. Anything outside of that is not up to my decision, so I'm going to try to focus all my energy on things I can control."

A sound approach and, given the circumstances, a wise one for the speed demon and former all-star.

Podsednik arrived in camp on a minor-league contract signed last week, the best deal for him after an off-season that didn't play out anything like what he expected.

In November, he declined his end of a $2-million US mutual contract option for 2011 with the Los Angeles Dodgers and opted for free agency. It backfired since "for whatever reason my market just didn't develop," said Podsednik.

Now, the opportunity at hand is for him to try and win a bench spot, a far cry from the leadoff hitter's role he was seeking. Another wrench was thrown into his plans when a case of plantar fasciitis — a painful irritation and swelling of the thick tissue on the bottom of the foot — flared up over the weekend and delayed his arrival in Dunedin.

He received a cortisone injection Saturday and hopes it is as effective as the one he got when the problem last flared up in September. He wants to be cautious in the coming days to avoid aggravating things.

"The docs told me this weekend anywhere from a week and a half to a couple of weeks I should be back out running," said Podsednik, wearing sneakers instead of the large protective boot sitting in his locker. "From there, it's just a matter of getting my legs back under me, getting some strength back.

"I've been kind of racking my brain trying to figure out how this happened so I can prevent it in the future, but I don't think we'll ever understand exactly why it happened. We can just try to improve it and get back."

The delayed start may affect his chances of winning one of the bench spots up for grabs with the team, even though he described the Blue Jays as being "the most aggressive in terms of trying to acquire me."

"I've kind of set my goals to get this thing ready and to get back on the field and show these guys what I can do."
SCOTT PODSEDNIK

Podsednik fits in with the club's desire to add speed to the roster and with a season of 70 stolen bases under his belt, he certainly does that.

His irksome foot leaves uncertain how much time he'll get to prove his worth.

"I'm prepared to go and play to keep my game sharp, wherever that may be, considering the circumstances, but you never know how spring training goes for this club, for any other club," he said.

"There could potentially be other spots open if I wasn't to make this club, a lot of things are going to happen between now and the end of March."

THE CANADIAN PRESS

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NATIONAL HOCKEY LEAGUE

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Philadelphia	60	39	15	3	3	198	152	84	19-8-1-2	20-7-2-1	6-3-1-0	L1
d-Tampa Bay	59	34	18	3	4	179	185	75	19-7-1-3	15-11-2-1	5-3-0-2	L3
d-Boston	60	34	19	2	5	188	145	75	15-12-1-2	19-7-1-3	5-5-0-0	W3
Pittsburgh	61	36	20	2	3	178	147	77	20-11-1-0	16-9-1-3	4-5-0-1	L2
Washington	61	32	19	5	5	165	153	74	17-7-2-5	15-12-3-0	5-4-0-1	W2
Montreal	61	32	22	4	3	157	156	71	19-7-3-3	13-15-1-0	4-4-0-2	W1
NY Rangers	62	32	26	2	2	172	155	68	14-14-1-2	18-12-1-0	3-6-0-1	W1
Carolina	61	28	24	4	5	177	188	65	15-10-1-2	13-14-3-3	3-4-2-1	L2
Buffalo	58	27	25	6	0	166	171	60	12-15-2-0	15-10-4-0	5-4-1-0	L3
Atlanta	60	25	25	4	6	173	197	60	13-12-1-4	12-13-3-2	2-7-1-0	L3
Toronto	60	26	27	3	4	152	180	59	14-11-3-3	12-16-0-1	6-2-1-1	W1
Florida	59	25	27	3	4	155	163	57	12-11-3-3	13-16-0-1	3-5-1-1	L1
New Jersey	60	26	30	3	1	129	161	56	13-13-2-1	13-17-0-1	9-0-1-0	W8
NY Islanders	61	23	31	3	4	167	198	53	12-14-1-3	11-17-2-1	7-3-0-0	L1
Ottawa	59	19	31	5	4	132	194	47	9-16-2-3	10-15-3-1	2-6-1-1	W1

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Vancouver	61	38	14	4	5	204	145	85	21-5-1-4	17-9-3-1	6-4-0-0	L1
d-Detroit	60	37	17	4	2	202	173	80	17-9-3-1	20-8-1-1	6-4-0-0	L1
d-Phoenix	61	33	19	6	3	175	169	75	15-10-3-2	18-9-3-1	8-2-0-0	W8
San Jose	61	34	21	4	2	171	157	74	15-10-2-1	19-11-2-1	8-2-0-0	W4
Minnesota	60	32	22	1	5	158	156	70	16-12-0-3	16-10-1-2	6-3-0-1	W1
Nashville	60	31	21	5	3	156	143	70	14-6-4-3	17-15-1-0	4-4-1-1	L2
Calgary	62	31	23	3	5	186	178	70	18-10-1-2	13-13-2-3	6-2-1-1	L1
Los Angeles	59	32	23	2	2	163	142	68	17-9-1-0	15-14-1-2	6-1-1-2	L2
Anaheim	60	32	24	2	2	169	178	68	17-9-0-1	15-15-2-1	6-4-0-0	L3
Chicago	60	31	23	2	4	191	169	68	18-14-0-0	13-9-3-3	5-3-0-2	W2
Dallas	60	31	23	2	4	164	172	68	17-9-2-3	14-14-0-1	1-8-1-0	L5
Columbus	59	30	23	3	3	163	175	66	15-13-0-2	15-10-3-1	6-3-0-1	W2
St. Louis	59	27	23	4	5	166	176	63	18-10-1-3	9-13-3-2	5-3-1-1	L2
Colorado	60	26	27	7	0	177	205	59	14-14-4-0	12-13-3-0	1-8-1-0	W1
Edmonton	60	19	33	1	7	151	202	46	10-17-1-3	9-16-1-3	4-6-0-0	L1

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's results
Atlanta at Buffalo
Florida at Ottawa
San Jose at Pittsburgh
Phoenix at Tampa Bay
Edmonton at Colorado
Los Angeles at Anaheim
Tuesday's results
Montreal 3 Vancouver 2
Toronto 2 N.Y. Islanders 1
Boston 3 Calgary 1
Minnesota 4 Edmonton 1
Colorado 4 St. Louis 3
Columbus 4 Nashville 0
New Jersey 1 Dallas 0
N.Y. Rangers 4 Carolina 3 (SO)
Phoenix 3 Philadelphia 2 (OT)
San Jose 4 Detroit 3
Tonight's games
(All times Eastern)
N.Y. Islanders at Philadelphia, 7 p.m.
Dallas at Detroit, 7 p.m.
Toronto at Montreal, 7:30 p.m.
Chicago at Nashville, 8 p.m.
St. Louis at Vancouver, 10 p.m.
Minnesota at Los Angeles, 10:30 p.m.

LATE TUESDAY

BRUINS 3, FLAMES 1

First Period
1. Boston, Lucic 25 (Krejci, McQuaid) 0:59
Penalty — Ryder Bos (hooking) 2:30.
Second Period
No Scoring.
Penalty — Glencross Cal (double high-sticking) 17:34.
Third Period
2. Boston, Marchand 19 (Bergeron, Ference) 5:55
3. Calgary, Glencross 20 (Iginla, Tanguay) 17:27 (pp)
4. Boston, Lucic 26 (Krejci, Recchi) 19:13 (en)
Penalty — Bergeron Bos (slashing) 16:56.
Shots

Boston	7	10	12—29
Calgary	13	9	7—29

Goal — Boston: Thomas (W,27-8-6); Calgary: Kiprusoff (L,27-20-4). **Power plays (goals-chances)** — Boston: 0-2; Calgary: 1-2.
Att. — 19,289 (19,289) at Calgary.

CANADIENS 3, CANUCKS 2

First Period
1. Montreal, Desharnais 6 (Pouliot, Gill) 6:07
2. Montreal, Gionta 22 (Subban, Gomez) 7:16
Penalties — Torres Vcr (charging) 3:42, Hamrlik Mtl (hooking) 13:09, Mara Mtl (hooking) 15:48, Raymond Vcr (holding) 19:23.
Second Period
3. Vancouver, H. Sedin 15 (Samuelsson, Kesler) 3:27 (pp)
4. Montreal, Kostitsyn 14 (Eller, Wisniewski)) 10:36
Penalties — Price Mtl (delay of game, served by Pouliot) 3:01, Pacioretty Mtl (cross-checking) 4:07, Pouliot Mtl (interference) 18:00, Halpern Mtl (hooking) 19:23.
Third Period
5. Vancouver, Samuelsson 17 (Ehrhoff, D. Sedin) 1:06 (pp)
Penalty — Burrows Vcr (high-sticking) 2:07.
Shots

Montreal	16	4	5—25
Vancouver	12	14	13—39

Goal — Montreal: Price (W,28-20-6); Vancouver: Luongo (L,28-11-7). **Power plays (goals-chances)** — Montreal: 0-3; Vancouver: 2-6.
Att. — 18,860 at Vancouver.

SCORING LEADERS

	G	A	PT
D.Sedin, Vcr	32	46	78
Stamkos, TB	40	35	75
H.Sedin, Vcr	15	58	73
St. Louis, TB	20	49	69
Crosby, Pgh	32	34	66
Perry, Ana	30	36	66
Zetterberg, Det	18	48	66
B.Richards, Dal	24	39	63
Ovechkin, Wash	24	38	62
E.Staal, Car	27	31	58
Iginla, Cal	25	33	58
Kesler, Vcr	33	24	57
Nash, Clb	29	26	55
Giroux, Pha	21	34	55
Toews, Chi	20	35	55
Eriksson, Dal	19	36	55
Selanne, Ana	19	36	55
Kopitar, LA	17	38	55
Sharp, Chi	31	23	54
J.Carter, Pha	27	26	53
Backstrom, Wash	15	38	53
Tavares, NYI	23	29	52
J.Thornton, SJ	15	37	52

Not including last night's games

GAMES

CANADA GAMES

MEDAL STANDINGS

At Halifax

Province	Gold	Silver	Bronze	Total
Quebec	32	30	28	90
Ontario	25	21	18	64
B.C.	20	19	19	58
Alberta	15	15	24	54
Saskatchewan	4	5	4	13
Manitoba	3	4	6	13
N.B.	1	4	5	10
N.L.	0	1	4	5
Nova Scotia	3	0	1	4
Yukon	3	0	1	4
P.E.I.	1	0	0	1
N.W.T.	0	0	0	0
Nunavut	0	0	0	0

CRICKET

WORLD CUP

Group A

	MP	W	T	L	Pt
Australia	1	1	0	0	2
New Zealand	1	1	0	0	2
Pakistan	1	1	0	0	2
Sri Lanka	1	1	0	0	2
Canada	**1**	**0**	**0**	**1**	**0**
Zimbabwe	1	0	0	1	0
Kenya	2	0	0	2	0

Group B

	MP	W	T	L	Pt
England	1	1	0	0	2
India	1	1	0	0	2
Ireland	0	0	0	0	0
South Africa	0	0	0	0	0
West Indies	0	0	0	0	0
Bangladesh	1	0	0	1	0
Netherlands	1	0	0	1	0

Yesterday's result
At Hambantota, Sri Lanka
Pakistan (317 for seven) def. Kenya (112, all out) by 205 runs.

TENNIS

WTA QATAR LADIES OPEN

At Doha, Qatar
Singles
Second Round
Caroline Wozniacki (1), Denmark, def. Nadia Petrova, Russia, 6-3, 6-2.
Vera Zvonareva (2), Russia, def. Dominika Cibulkova, Slovakia, 6-1, 6-2.
Peng Shuai, China, def. Francesca Schiavone (3), Italy, 7-5, 6-3.
Klara Zakopalova, Czech Republic, def. Li Na (4), China, 6-2, 6-1.
Jelena Jankovic (5), Serbia, def. Sania Mirza, India, 6-0, 6-1.
Marion Bartoli, France, def. Shahar Peer (8), Israel, 6-1, 6-0.
Daniela Hantuchova, Slovakia, def. Vera Dushevina, Russia, 4-6, 6-2, 6-4.
Flavia Pennetta, Italy, def. Lucie Safarova, Czech Republic, 4-6, 6-3, 6-4.

ATP DUBAI DUTY FREE CHAMPIONSHIPS

At Dubai, United Arab Emirates
Singles
Second Round
Roger Federer (1), Switzerland, def. Marcel Granollers, Spain, 6-3, 6-4.
Novak Djokovic (2), Serbia, def. Feliciano Lopez, Spain, 6-3, 2-6, 6-4.
Tomas Berdych (3), Czech Republic, def. Nikolay Davydenko, Russia, 6-3, 7-6 (5).
Sergiy Stakhovsky Ukraine, def. Ernests Gulbis (8), Latvia, 6-3, 5-7, 6-1.
Richard Gasquet, France, def. Sergei Bubka, Ukraine, 6-2, 7-5.
Florian Mayer, Germany, def. Andrey Golubev, Kazakhstan, 6-3, 6-4.
Philipp Petzschner, Germany, def. Philipp Kohlschreiber, Germany, 6-0, 4-6, 6-2.
Gilles Simon, France, def. Lukas Rosol, Czech Republic, 6-2, 6-3.

TRANSACTIONS

BASEBALL

MLB

LEAGUE OFFICE — Announced the retirements of umpires Jerry Crawford, Mike Reilly and Chuck Meriwether.
NATIONAL LEAGUE
HOUSTON ASTROS — Agreed to terms with RHP Cesar Carrillo, INF Matt Downs and RHP Lance Pendleton on one-year contracts.

BASKETBALL

NBA

UTAH JAZZ — Traded G Deron Williams to New Jersey for G Devin Harris, F Derrick Favors and first-round draft picks in 2011 and 2012.

FOOTBALL

NFL

JACKSONVILLE JAGUARS — Signed DE Paul Spicer to a one-day contract and announced his retirement. Designated TE Marcedes Lewis their franchise player.
PITTSBURGH STEELERS — Signed LB LaMarr Woodley to a one-year franchise tender offer.
SAN FRANCISCO 49ERS — Named Michael Christianson coordinator of football information technology/offensive quality control coach.
SEATTLE SEAHAWKS — Signed RB Chris Henry to a one-year contract.

HOCKEY

NHL

NHLPA — Named Mathieu Schneider special assistant to the executive director.
ANAHEIM DUCKS — Recalled G Ray Emery from Syracuse (AHL).
ATLANTA THRASHERS — Reassigned LW Michael Forney from Gwinnett (ECHL) to Chicago (AHL).
OTTAWA SENATORS — Recalled F Jim O'Brien from Binghamton (AHL).
WASHINGTON CAPITALS — Signed F Matt Hendricks to a two-year contract extension.

AHL

TORONTO MARLIES — Assigned F Matt Caruana and F Dale Mitchell to Reading (ECHL).

SOCCER

EUROPEAN CHAMPIONS LEAGUE

Second Round
ROUND OF 16
FIRST LEG
Yesterday's results
Inter Milan (Italy) 0 Bayern Munich (Germany) 1
Marseille (France) 0 Manchester United (England) 0

EUROPA LEAGUE

SECOND ROUND

SECOND LEG
Yesterday's results
FC Porto (Portugal) 0 Sevilla (Spain) 1 (aggregate 2-2; Porto advances on away goals)

ENGLAND

PREMIER LEAGUE

Arsenal 1 Stoke 0

ITALY

SERIE A

Yesterday's results
Bologna 0, Roma 1, comp. of susp. game, Jan. 30

CURLING

2011 SCOTTIES TOURNAMENTS OF HEARTS

At Charlottetown

Province (Skip)	W	L
Saskatchewan (Holland)	8	1
Canada (J.Jones)	6	2
Ontario (Homan)	6	3
Alberta (Kleibrink)	6	3
Nova Scotia (Smith-Dacey)	5	3
B.C. (K.Scott)	4	4
P.E.I. (Birt)	4	5
Quebec (Larouche)	3	5
NWT/Yukon (Galusha)	3	5
New Brunswick (A.Kelly)	2	6
Manitoba (Overton-Clapham)	2	6
N.L. (S.Devereaux)	1	7

Yesterday's results
Draw 12
Alberta 9 Quebec 4
British Columbia 4 Prince Edward Island 3
Canada 7 Ontario 4
Saskatchewan 10 Newfoundland & Labrador 2
Draw 13
Alberta 7 New Brunswick 3
Manitoba 10 Ontario 6
Northwest/Yukon Territories 7 Prince Edward Island 6 (extra end)
Nova Scotia 7 Saskatchewan 4
Draw 14
Nova Scotia vs. Newfoundland & Labrador
Manitoba vs. Canada
Northwest/Yukon Territories vs. British Columbia
Quebec vs. New Brunswick.
Tuesday's results
Ninth Draw
Canada 10 British Columbia 2
Northwest/Yukon Territories 7 New Brunswick 4
Nova Scotia 8 Manitoba 7 (extra end)
Quebec 10 Newfoundland & Labrador 6
Draw 10
British Columbia 7 Quebec 5
Prince Edward Island 7 Alberta 5
Canada 10 Newfoundland & Labrador 4
Saskatchewan 8 Ontario 5
Draw 11
Alberta 6 Manitoba 5
Ontario 8 New Brunswick 1
Prince Edward Island 6 Nova Scotia 3
Saskatchewan 9 Northwest/Yukon Territories 7
Today's games
Draw 15, 8:30 a.m.
Prince Edward Island vs. Manitoba; Alberta vs. Nova Scotia; Saskatchewan vs. New Brunswick; Northwest/Yukon Territories vs. Ontario.
Draw 16, 1:30 p.m.
Quebec vs. Northwest/Yukon Territories; British Columbia vs. New Brunswick; Canada vs. Nova Scotia; Manitoba vs. Newfoundland & Labrador.
Draw 17, 6:30 p.m.
Saskatchewan vs. British Columbia; Ontario vs. Quebec; Prince Edward Island vs. Newfoundland & Labrador; Canada vs. Alberta.

LACROSSE

NLL

EAST DIVISION

	GP	W	L	Pct.	GF	GA	GB
Toronto	9	7	2	.778	101	78	—
Boston	9	6	3	.667	99	81	1
Buffalo	7	4	3	.571	78	67	2
Rochester	8	4	4	.500	72	87	2½
Philadelphia	8	4	4	.500	69	81	2½

WEST DIVISION

	GP	W	L	Pct.	GF	GA	GB
Calgary	8	5	3	.625	91	89	—
Minnesota	8	4	4	.500	80	74	1
Washington	9	4	5	.444	115	108	1½
Edmonton	8	2	6	.250	84	97	3
Colorado	8	1	7	.125	70	94	4

WEEK EIGHT
Saturday's games
Toronto at Philadelphia, 7:30 p.m.
Edmonton at Rochester, 7:35 p.m.

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
d-Boston	41	14	.745	—
d-Miami	42	15	.737	—
d-Chicago	38	16	.704	2½
Orlando	36	21	.632	6
Atlanta	34	22	.607	7½
New York	28	26	.519	12½
Philadelphia	27	29	.482	14½
Indiana	25	30	.455	16
Charlotte	25	32	.439	17
Milwaukee	22	34	.393	19½
Detroit	21	37	.362	21½
New Jersey	17	40	.298	25
Washington	15	40	.273	26
Toronto	15	42	.263	27
Cleveland	10	46	.179	31½

WESTERN CONFERENCE

	W	L	Pct	GB
d-San Antonio	46	10	.821	—
Dallas	40	16	.714	6
d-L.A. Lakers	39	19	.672	8
d-Oklahoma City	36	19	.655	9½
Portland	32	24	.571	14
Denver	33	25	.569	14
New Orleans	33	25	.569	14
Utah	31	26	.544	15½
Memphis	31	27	.534	16
Phoenix	27	27	.500	18
Houston	27	31	.466	20
Golden State	26	30	.464	20
L.A. Clippers	21	36	.368	25½
Sacramento	13	41	.241	32
Minnesota	13	44	.228	33½

d-division leader
Last night's results
Oklahoma City at San Antonio
Houston at Cleveland
Detroit at Indiana
Sacramento at Orlando
Washington at Philadelphia
Chicago at Toronto
Milwaukee at New York
Memphis at Minnesota
Utah at Dallas
Atlanta at Phoenix
L.A. Clippers at New Orleans
L.A. Lakers at Portland
Tuesday's results
Charlotte 114, Toronto 101
Indiana 113, Washington 96
Houston 108, Detroit 100
Miami 117, Sacramento 97
Milwaukee 94, Minnesota 88
Oklahoma City 111, L.A. Clippers 88
Denver 120, Memphis 107
Boston 115, Golden State 93
L.A. Lakers 104, Atlanta 80
Tonight's games
Miami at Chicago, 8 p.m.
Boston at Denver, 10:30 p.m.

SCORING AVERAGE

	G	FG	FT	PTS	AVG
Durant, OKC	51	486	401	1465	28.7
James, MIA	55	503	362	1439	26.2
Stoudemire, NYK	53	521	333	1384	26.1
Wade, MIA	53	477	344	1343	25.3
Anthony, DEN	50	437	343	1259	25.2
Ellis, GOL	56	530	258	1409	25.2
Bryant, LAL	58	516	344	1452	25.0
Rose, CHI	53	481	275	1318	24.9
Gordon, LAC	41	333	242	988	24.1
Griffin, LAC	57	497	303	1304	22.9
Martin, HOU	56	368	421	1279	22.8
Howard, ORL	55	445	365	1255	22.8
Nowitzki, DAL	47	388	242	1067	22.7
Aldridge, POR	56	492	263	1250	22.3
Westbrook, OKC	55	408	378	1213	22.1
Bargnani, TOR	51	422	210	1115	21.9
Williams, UTA	53	369	302	1129	21.3
Granger, IND	54	387	250	1138	21.1
Love, MIN	57	393	337	1199	21.0
Randolph, MEM	53	424	205	1058	20.0
Gay, MEM	54	409	194	1069	19.8
Lopez, NJN	57	413	280	1106	19.4
West, NOR	57	434	215	1085	19.0
Scola, HOU	58	460	181	1101	19.0
Jackson, CHA	55	363	214	1041	18.9
Pierce, BOS	55	360	241	1039	18.9
Gasol, LAL	58	415	255	1085	18.7
Bosh, MIA	53	366	247	985	18.6
Curry, GOL	48	325	147	884	18.4
Ginobili, SAN	56	310	266	1001	17.9

Not including last night's games

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Net gain: Williams headed to New Jersey

The New Jersey Nets finally landed a big-name all-star in a blockbuster trade that gives them point guard Deron Williams and sends rookie Derrick Favors and point guard Devin Harris to the Utah Jazz.

The Jazz also will receive the Nets' first-round pick in 2011, which could be a lottery pick, cash, and Golden State's 2012 first-round draft pick.

"I feel Deron Williams is the best point guard in the NBA," Nets general manager Billy King said yesterday afternoon.

"I spoke with Deron and he's excited about it. He understands where we are and where we want to go. In this league, you win with point guards. Jason Kidd turned this franchise around when he came and we feel Deron can do the same thing."

The Nets now hope Williams will sign a contract extension with them, which they can offer this summer. If so, he would become the face of their franchise when they move into their new arena in Brooklyn for the 2012-13 season.

The six-foot-three Williams was selected third overall in the first round of the 2005 NBA draft by Utah from Illinois. He is in his sixth NBA season and holds career averages of 17.3 points, 3.2 rebounds and 9.1 assists.

In 439 career games, including 406 starts, he has shot .466 from the field, .358 from three-point range and .808 from the free-throw line. In 44 career post-season games, Williams has averaged 21.1 points, 3.7 rebounds, 9.6 assists and 1.2 steals.

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Passed away February 22, 2011 and will be sadly missed by his owner Pancheta Barnett. Manu (pronounced Mani) was born February 22, 1999 in Alliston, Ontario. His father Lanvern's Kajun Warrior of Newmarket and mother Vixen des Poenjaap born in Lecca Abakan, Holland. Manu won his first Canadian Championship in June 2000 and was a few points away from his American Championship win. He appeared on Degrassi High "TNG Cycle 8" 2008 & Clark Rockfeller in 2009. Thanks to all who made this happen. He also used to go to the nursing homes to comfort the sick and anually did a Walk a thon for the OSPCA. Manu was the best, most wonderful, gentle, perfect, loving and handsome Bouvier you could ever meet in your entire life. He was 12 years old today. Manu was never neutered so he left behind no litter. Thank you Manu, you were my best friend for all the good life we shared. You will always be remembered by millions of friends. God Bless your bright, shining and happy light now in heaven. There will always be a place in my heart for you.
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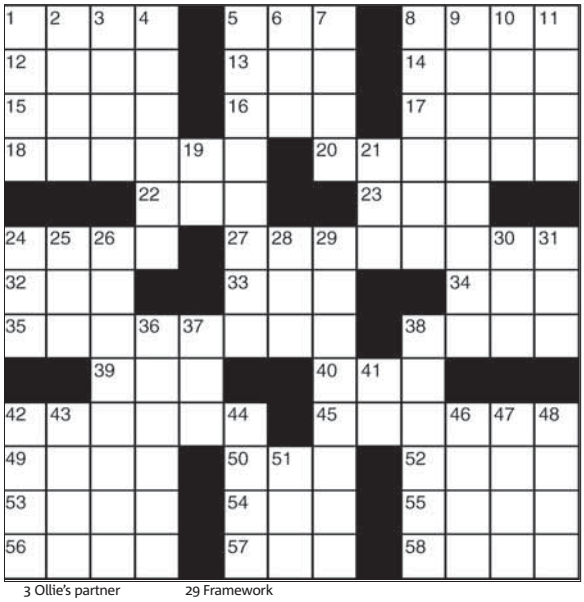

Across

1 Frisbee, e.g.
5 Dance syllable
8 Somewhere out there
12 Busy with
13 "— Town"
14 Acrimony
15 Cicatrix
16 Ran into
17 "Yeah, right!"
18 Victorian vehicle
20 America's Cup entries
22 — out a living
23 18-Across, e.g.
24 Cardholder's woe
27 Drought-stricken region
32 In olden times
33 Category
34 Court
35 Gridiron event
38 Bend
39 Actor Chaney
40 Writer Buscaglia
42 Confine
45 Sign up
49 Invitation abbr.
50 Stern-ward
52 Lavish affection (on)
53 Sheltered
54 Bill and —
55 Rams' mates
56 Information
57 Barbie's companion
58 Engrossed

Down

1 Plate
2 Erstwhile Peruvian
3 Ollie's partner
4 Old-style foundation
5 — dell'arte
6 Shade
7 Bohemi-an
8 1981 Genesis album
9 No-privacy situation
10 Settled down
11 "Zebras"
19 Fine
21 Performance
24 Slight touch
25 "I" strain?
26 Impress
28 Einstein's birthplace
29 Framework
30 Travail
31 Bagel topper
36 Cut off
37 Wildebeest
38 Dossier
41 Type measure
42 Animal stomach
43 Scandinavian city
44 Prepare to travel
46 "The Music Man" locale
47 Dance lesson
48 Criterion
51 Adversary

▶ Yesterday's answer

A	M	I	S	■	S	P	A	■	S	E	T	H
B	A	T	H	■	E	R	G	■	P	Y	R	E
B	U	L	L	S	E	Y	E	■	L	E	E	R
A	L	L	O	T	■	■	S	P	I	C	E	S
■	■	■	C	A	T	S	■	E	T	A	■	■
J	A	C	K	■	R	A	Y	S	■	N	O	D
A	G	A	■	M	E	T	O	O	■	D	A	Y
Y	O	N	■	O	K	A	Y	■	B	Y	T	E
■	■	D	A	S	■	N	O	E	L	■	■	■
S	C	Y	T	H	E	■	■	G	A	L	A	S
E	L	B	A	■	B	A	R	G	R	A	P	H
G	O	A	L	■	B	R	A	■	E	R	I	E
O	G	R	E	■	S	E	W	■	S	K	E	D

Sudoku

	3	6	7		8			9
		5	3	6	1			
	4		9					
		9				8	7	6
2	1	8				3		
					9		5	
			1	3	6	7		
7			8		2	6	3	

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

8	7	4	5	1	6	2	3	9
6	1	3	9	7	2	5	8	4
9	5	2	3	4	8	1	7	6
4	9	8	6	2	1	7	5	3
1	2	7	4	3	5	6	9	8
5	3	6	7	8	9	4	2	1
7	8	1	2	9	4	3	6	5
2	4	5	8	6	3	9	1	7
3	6	9	1	5	7	8	4	2

Send a KISS

Show some love! Send a note to somebody special at kiss@metronews.ca

To my Prince Charming Brian, you're the sparkle in my life, the video game geek that plays Mario with me, and my partner of 2 years now. I absolutely love you, even at 3am, when the alarm rings. You'll always be my convenient store boy and I, your video store girl. Je t'aime! **LOVE, MEAGAN**

Dear Ian. Happy bday! Hope it is a blast! Thanks god for bringing u into my world. Your presence makes my life more intresting. Love you! Xoxo. **MEI**

Dear Melissa C – your warm smile, twinkling eyes and heart felt laughter will be truly missed. Good luck at the new company. Feel free to leave your fuzzy creature stereo speaker. **YOUR FRIEND**

This goes to my Kaplan peeps for keeping things exciting. You make a day much more livable! **<3 AJAX**

Today 4°/-7° Partly sunny
Friday -1°/-9° 3-5cm of snow 90%
STAY PREPARED WITH OUR MOBILE WEBSITE. Visit theweathernetwork.com on your mobile.
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Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 Be honest with yourself about the way a relationship is developing – or not. It's not your fault if it doesn't work out. It's not anyone fault. Put it down to experience, and move on.

♉ Taurus April 21-May 21 Friends and work colleagues will be impressed by your ability to stay calm when everyone else seems to be losing their cool. You don't have to raise your voice to be heard.

♊ Gemini May 22-June 21 Don't back down if someone in authority gives you a hard time today. Stay calm but at the same time, give as good as you get. There's nothing he or she can do to hurt you. Let him or her know you're not afraid.

♋ Cancer June 22-July 22 What happens today will remind you that there purpose to your life. Others can choose to believe that nothing really matters if they wish, but you know it isn't true.

♌ Leo July 23-Aug.23 Keep your money in your pocket today. If you are not very careful, you will be shocked how easy it is to waste your hard-earned cash on things you don't really need. Be as thrifty as you can.

♍ Virgo Aug. 24- Sept. 22 Don't worry too much if you exchange some less than kind words with a partner or relative today because it's no big deal. Everyone falls out once in a while, even those who love one another.

♎ Libra Sept. 23-Oct. 23 Stick to the facts today. If you exaggerate, your rivals will find out and make a big deal of it. Why would you want to make yourself look more important anyway? You're perfect as you are.

♏ Scorpio Oct. 24-Nov. 22 You are full of energy and eager to get started on your latest world-beating project. But it might be a good idea to check the details again, in case there you've missed something.

♐ Sagittarius Nov. 23-Dec. 21 Be careful what you say today because your words will be taken seriously, perhaps more than you intend. Any promises you make will have to be honoured, even if you make them in jest.

♑ Capricorn Dec. 22-Jan. 20 It's good that you are confident in yourself, but don't take too much for granted or you could make a costly mistake. Travel plans are not as clear-cut as you appear to believe. Expect delays and disruptions.

♒ Aquarius Jan. 21-Feb. 18 Don't waste your time on activities that do not bring measurable results. Others may find you a bit too materialistic but that's their problem — you have bills to pay.

♓ Pisces Feb. 19-March 20 Don't think you have to explain yourself every time you do something differently. Life is an adventure or it is nothing and there is no reason to play it safe. **SALLY BROMPTON**

Caption contest

MARTIN MEISSNER/ THE ASSOCIATED PRESS

WIN!

You write it!

Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

SAURABH DAS/ THE ASSOCIATED PRESS

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2011 RAV4
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2011 Venza
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2011 Camry
$2,500* CASH INCENTIVE

2011 Tundra 4X4
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GL Sport model shown

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OWN IT FOR ONLY **$83**[†] BI-WEEKLY PAYMENT WITH **0%** FINANCING FOR **84** MONTHS

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GLS Sport model shown

Limited model shown

2011 SONATA GL • BEST-SELLING IMPORT MID-SIZE SEDAN IN CANADA IN 2010[∞]

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Limited model shown

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GRADUATE REBATE PROGRAM

[††]The Hyundai names, logos, product names, feature names, images and slogans are trademarks owned by Hyundai Auto Canada Corp. †Finance offers available O.A.C. from Hyundai Financial Services based on a new 2011 Accent L 3 Dr 5-speed/2011 Elantra Touring L 5-Speed with an annual finance rate of 0%/0% for 84/72 months. Bi-weekly payment is **$83/$106**. No down payment is required. Finance offers include Delivery and Destination of $1,495/$1,495. Registration, insurance, license fees and all applicable taxes are excluded. Delivery and destination charge includes freight, P.D.E., dealer admin fees and a full tank of gas. Financing example: 2011 Accent L 3 Dr 5-speed for $15,130 at 0% per annum equals $180.12 per month for 84 months for a total obligation of $15,130. Cash price is **$15,130**. Example price includes Delivery and Destination of $1,495; fees, levies, charges and all applicable taxes (excluding HST). Registration, insurance, PPSA and license fees are excluded. ±$4,000 discount on the 2011 Santa Fe 2.4L GL 6-Speed is available on cash purchases only. †♦$starting prices for 2011 Accent L 3 Dr 5-speed/2011 Elantra Touring L 5-speed/2011 Sonata GL 6-speed/2011 Santa Fe GL 2.4L 6-speed are **$15,130/$16,530/$24,350/$21,895**. Prices for models shown are: 2011 Accent GL 3Dr Sport/2011 Elantra Touring GLS Sport/2011 Sonata Limited/2011 Santa Fe Limited are **$19,580/$24,880/$30,700/$37,695**. Delivery and Destination charges of $1,495/$1,565/$1,760, fees, levies, charges and all applicable taxes (excluding HST) are included. Registration, insurance and license fees are excluded. ††Leasing offers available O.A.C. from Hyundai Financial Services based on a new 2011 Sonata GL 6-speed with an annual lease rate of 4.4%. Monthly payment is $299 per month for a 60 month walk-away lease. Down payment of $3,285 and first monthly payment required. Total lease obligation is $21,225. Lease offers include Delivery and Destination of $1,565. Applicable license fees, insurance, registration, PPSA, and taxes are excluded. $0 security deposit on all models. 20,000 km allowance per year applies. Additional charge of $0.10/km. Delivery and Destination charge includes freight, P.D.E., dealer admin fees and a full tank of gas. Financing example: 2011 Elantra Touring L 5-speed (HWY 6.6L/100KM; City 8.7L/100KM)/2011 Santa Fe 2.4L 6-Speed Automatic FWD (City 10.4L/100KM, HWY 7.2L/100KM) are based on EnerGuide fuel consumption ratings. Actual fuel efficiency may vary based on driving conditions and the addition of certain vehicle accessories. Fuel economy figures are used for comparison purposes only. ^Fuel economy comparison based on combined fuel consumption ratings for the full size vehicle class. Fuel consumption for the Sonata GL 6-speed manual (HWY 5.7L/100KM; City 8.7L/100KM) based on 2011 EnerGuide rating. Fuel economy figures are used for comparison purposes only. Actual fuel efficiency may vary based on driving conditions and the addition of certain vehicle accessories. ▲Government 5-Star Safety Ratings are part of the U.S. National Highway Traffic Safety Administration's (NHTSA's) New Car Assessment Program (www.SaferCar.gov). The 5-star rating applies to all the trim levels of the 2011 Sonata produced between July 2nd and September 7th, 2010. ∞Based on the December 2010 AIAMC report. ΩBased on the January 2011 AIAMC report. ΔSee your dealer for eligible vehicles and full details of the Graduate Rebate Program. ††Hyundai's Comprehensive Limited Warranty coverage covers most vehicle components against defects in workmanship under normal use and maintenance conditions.